



**«Βασική & Κλινική Έρευνα στην ανάπτυξη φαρμάκων και προηγμένων θεραπειών : Πως αντιλαμβάνονται και εκπληρώνουν οι επιστήμονες των βιοιατρικών επιστημών τον ρόλο τους στην σύγχρονη διεπιστημονική αυτή διαδικασία»**

**«ΠΜΣ ΕΚΠΑ: Λοιμωξιολογία»**

**Γ εξάμηνο-Παρασκευή 10-12-2021**

**Βαρβάρα Μπαρούτσου MD ,PhD, EMAUD,GFMD**

**Εσωτερικός Παθολόγος**

**Πρόεδρος ΕΛ.Ε.Φ.Ι.**

**President elect IFAPP**

# Περίγραμμα

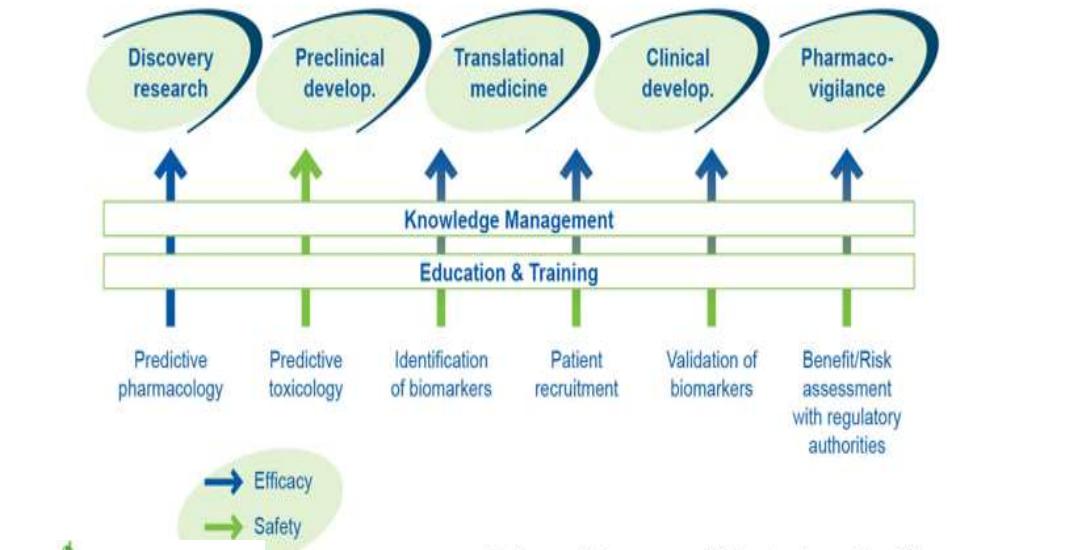
- ▶ Μέρος 1
  - ▶ Εισαγωγή στην Φαρμακευτική Ιατρική
    - ▶ Μεταπτυχιακή εκπαίδευση, Πιστοποίηση & Συνεχιζόμενη εκπαίδευση
  - ▶ Τάσεις στην Κλινική Έρευνα & Ανάπτυξη
    - ▶ Κλινικές Δοκιμές & Μελέτες
- ▶ Μέρος 2
  - ▶ Πανδημία COVID-19
    - ▶ Επίδραση στην ανάπτυξη φαρμάκων και μοντέλων έρευνας
    - ▶ Ανάπτυξη εμβολίων
- ▶ Μέρος 3
  - ▶ Κανονιστικό πλαίσιο για τις Κλινικές Δοκιμές στην ΕΕ
- ▶ Μέρος 4
  - ▶ Η Κλινική Έρευνα στην Ελλάδα
    - ▶ Πρωτοβουλία ΕΛ.Ε.Φ.Ι.
      - ▶ Clinical Research & Clinical trials Innovation Forum

# Εισαγωγή

Μ'ΕΡΟΣ 1  
ΦΑΡΜΑΚΕΥΤΙΚΗ ΙΑΤΡΙΚΗ  
& ΤΆΣΕΙΣ ΣΤΗΝ ΚΛΙΝΙΚΗ  
'ΕΡΕΥΝΑ

# Research Scientific Postgraduate Education and continuous learning

PharmaTrain Syllabus Revision Project (SRP)



ΒΜ ΠΜΣ ΕΚΠΑ Λοιμωξιολογία

*Education and Training is the foundation for the entire value chain*



10/12/2021

- ▶ AIM: To revise PharmaTrain Syllabus for Pharmaceutical Medicine / Medicines Development Science V1.0 (2/2010)
- ▶ Sponsors: IFAPP, FPM, PTF. SRP Project Centre: FPM
- ▶ Revised Syllabus V2.0 2018 available: 22 December 2017
- ▶ Roll-out revised PharmaTrain Syllabus V2.0 2018 from 1 January, 2018

#### Project summary

- ▶ Project Timeline: 4 Nov'16 to 31 Dec '17
- ▶ Submission of draft revisions: 30 Jun'17
- ▶ Completion of Syllabus coordination: 31 Aug'17
- ▶ Review and reconciliation: 30 Nov'17
- ▶ Revised Syllabus V2.0 available: 22 December 2017

# Ευρωπαϊκός Οργανισμός PharmaTrain

PHARMATRAIN

News    About Us    Training Centres    Assessment    Membership    Resources    Contact



## PharmaTrain's Activities

The SMD Programme has been achieved with great success in Italy.

## Mastering Medicine Development

PharmaTrain is implementing reliable standards for high-quality postgraduate education and training in Medicines Development. Training Centres, which offer Diploma Courses, Master Programmes as well as CPD Modules and training courses under the PharmaTrain brand share the high PharmaTrain standards and undergo quality assessments.

<https://www.pharmatrain.eu/index.php>



### History

#### IMI Project

- 2008: PharmaTrain started 2008 as an Education and Training project within the European Innovative Medicines Initiative (IMI), the largest public-private partnership in biomedicine. More...
- The project received a €7 million support from the European Commission and European Federation of Pharmaceutical Industries and Associations (EFPIA) companies.

#### PharmaTrain Federation

- 2014: The PharmaTrain Federation is the successor organisation of the IMI project and is managing and further developing these valuable assets. More...

# Προγράμματα και εκπαιδευτικά κέντρα PharmaTrain

## Masters / Diploma List

Search for anything: Course Provider, Course Name, Country, ...			
Course Name	Course Provider	PharmaTrain Recognition	Country
CEMDC Cooperative European Medicines Development Course (2017-2019)	CEMDC, Semmelweis University	Centre of Excellence	Hungary
Diploma of Advanced Studies in Pharmaceutical Medicine	University of Basel - European Center of Pharmaceutical Medicine (ECPM)	Centre of Excellence	Switzerland
Drug Development Science MSc/PgDip/PgCert	King's College London	Centre of Excellence	United Kingdom
Eu2P Master Degree in Pharmacovigilance and Pharmacoepidemiology	Eu2P	PharmaTrain Centre	World Wide (Distance Learning)
Master in Preclinical and Clinical Research and Development of Drugs	University of Milano Bicocca	Centre of Excellence	Italy
Master of Advanced Studies in Medicines Development (MMD)	University of Basel - European Center of Pharmaceutical Medicine (ECPM)	Centre of Excellence	Switzerland
Master of Science in Clinical Research	Donau-Universität Krems	Centre of Excellence	Austria
MSc Pharmaceutical Medicine	University Claude Bernard Lyon, Eudipharm	Centre of Excellence	France
MSc Pharmaceutical Medicine	University of Duisburg-Essen	Centre of Excellence	Germany
MSc Preclinical and Clinical Drug Development: Scientific, Regulatory and Ethical Aspects	Catholic University Medical School, Rome	Centre of Excellence	Italy
Pharmaceutical Medicine MSc, PgDip	Trinity College Dublin	Centre of Excellence	Ireland
Post-Graduate Programme in Pharmaceutical Medicine & Medicines Development Sciences	Free University of Brussels (ULB), PHARMED	Centre of Excellence	Belgium

# Επαγγελματική σταδιοδρομία στην Κλινική Έρευνα



## Why Clinical Research is a Hot Career Choice For 2021 and Beyond

Last updated Oct 19, 2020 — Up 0

Imagine waking up to the news that the vaccine you relentlessly worked upon has saved millions of lives across the globe! Clinical research is one of the noblest fields that attempt to improve the quality of life! It involves translating basic and advanced research involving human subjects into novel treatments and therapies. Indeed, with medical and pharmaceutical companies growing at a fast pace, there is a huge demand for proficient clinical research professionals. Let us look at what clinical research has to offer us in the near future!

[https://www.enago.com/academy/clinical-research-hot-career-2021-beyond/?utm\\_source=emailer&utm\\_medium=email&utm\\_campaign=news\\_061020](https://www.enago.com/academy/clinical-research-hot-career-2021-beyond/?utm_source=emailer&utm_medium=email&utm_campaign=news_061020)

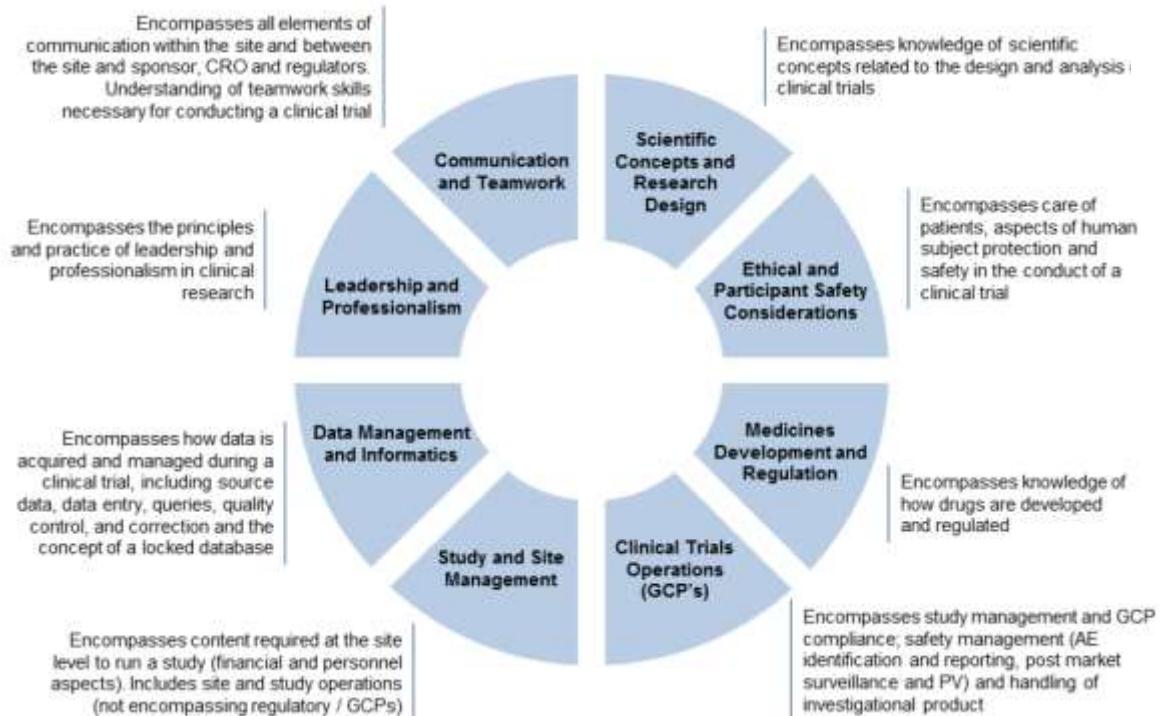
# NIH Core competencies for Clinical Research



- Core competencies for Clinical and Translational Research
- Special Interest Competencies which include competencies for:
  - Pediatric Translational Research
  - Special Considerations for T1 Research
  - Academia-Industry Drug Development
  - Medical Device Innovation & Technology Transfer



# Η βασική κατάρτιση των κλινικών ερευνητών 6/2014



MULTI-REGIONAL  
CLINICAL TRIALS

THE MRCT CENTER of  
BRIGHAM AND WOMEN'S HOSPITAL  
and HARVARD

Joint Task Force for Clinical Trial Competency

# Ατομική αντίληψη ερευνητικών ικανοτήτων ανά τομέα

**TABLE 1: Self-Perceived Level of Competence in JTF Domains by Role**

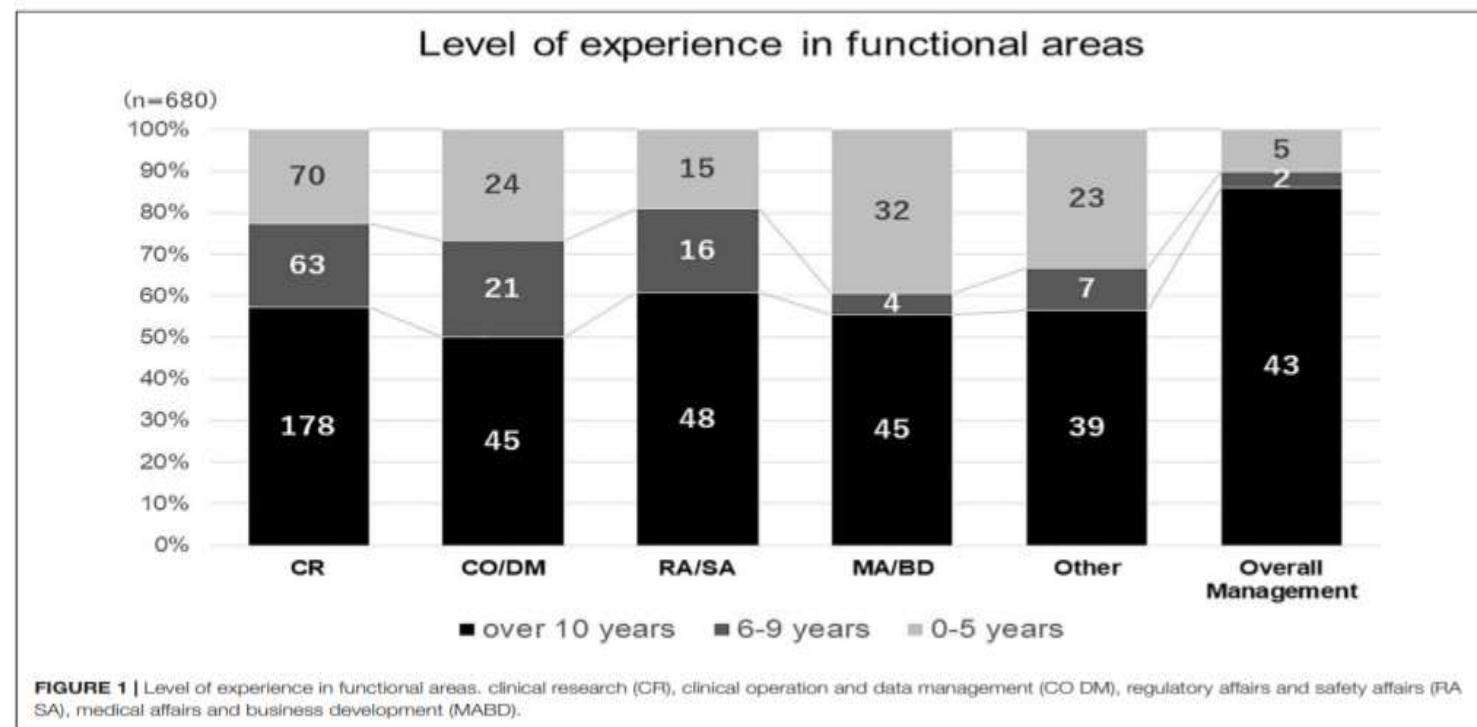
Domains	Competence/Role (mean value)					
	DM (n = 47)	RA (n = 90)	CRC/CRN (n = 559)	CRA (n = 177)	RM/PM (n = 357)	PI/CoPI (n = 354)
Scientific Concepts and Research Design	0.3	0.3	0.3	0.4	0.4	0.8
Ethical and Participant Safety Considerations	0.4	0.7	0.7	0.7	0.7	0.8
Medicines Development and Regulation	0.3	0.5	0.4	0.5	0.5	0.5
Clinical Trials Operations	0.4	0.6	0.6	0.8	0.7	0.8
Study and Site Management	0.3	0.4	0.5	0.6	0.7	0.7
Data Management and Informatics	0.7	0.4	0.6	0.7	0.6	0.7
Leadership and Professionalism	0.4	0.5	0.6	0.6	0.7	0.8
Communication and Teamwork	0.5	0.5	0.6	0.6	0.6	0.8

*Note: ANOVA p<0.0001 between roles across all domains at 5% significance. Shaded area ≥ 0.6, "competent."*

# Εμπειρία επιστημόνων Χορηγών

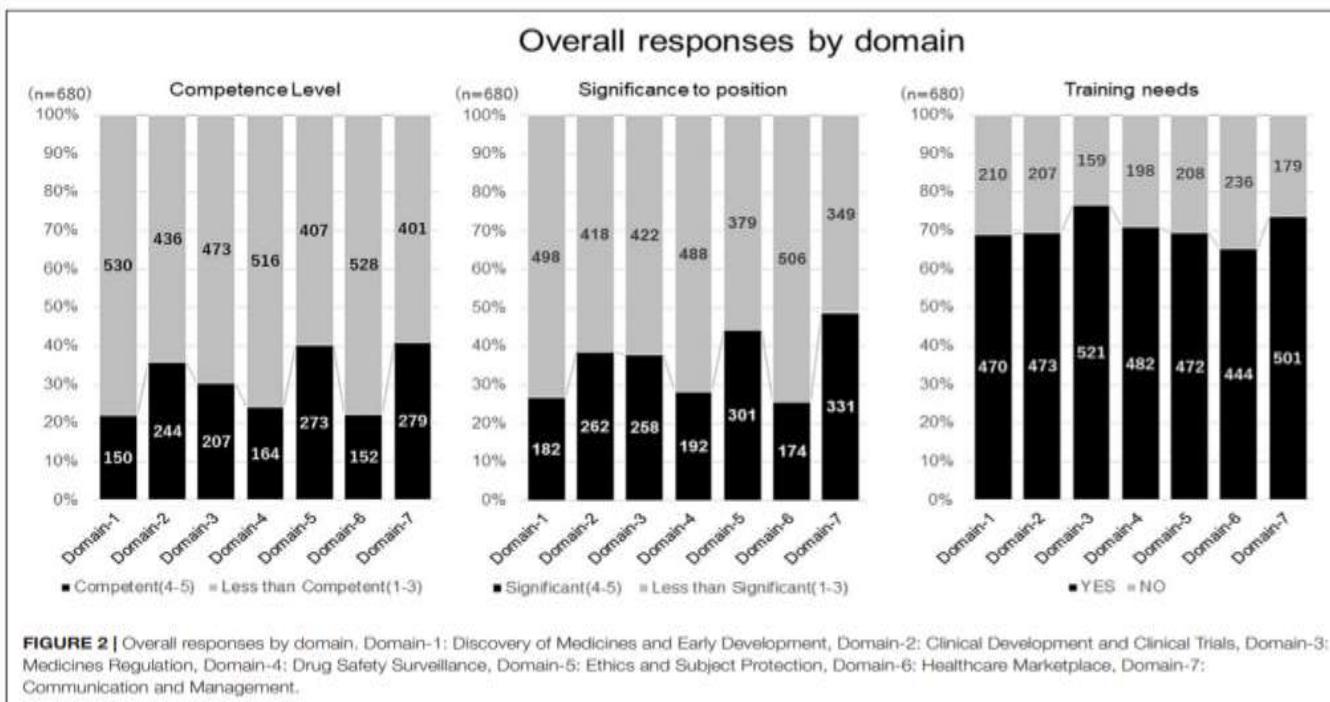
Imamura et al.

International Perception of Competence, Education, and Training



# Εκπαιδευτικές ανάγκες επιστημόνων χορηγών

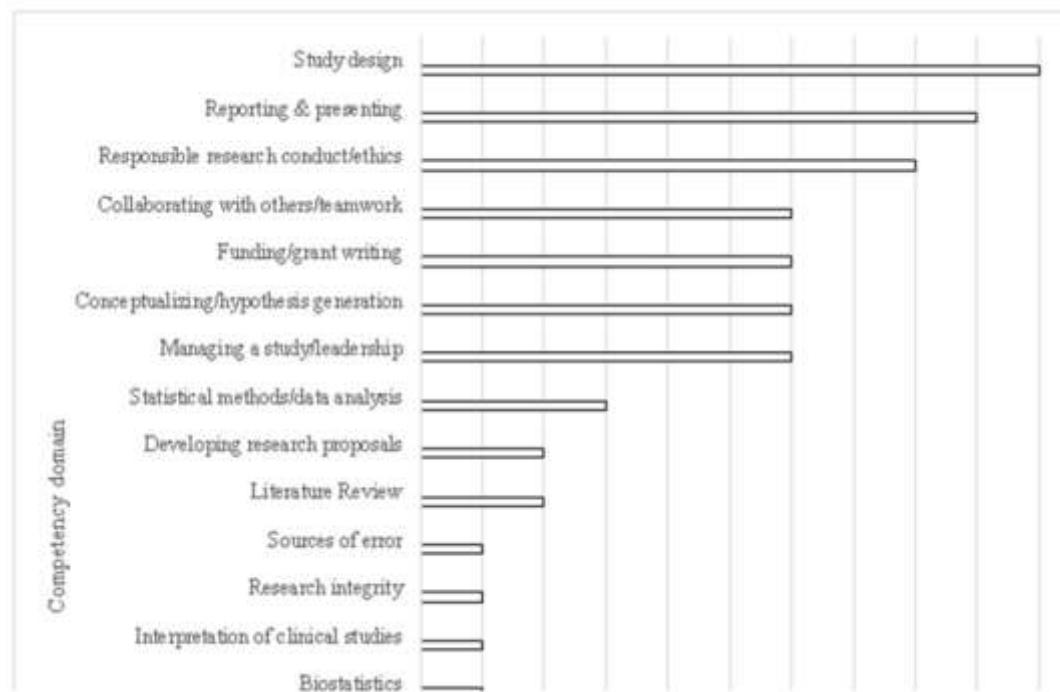
12



Front. Pharmacol., 05 March 2019

| <https://doi.org/10.3389/fphar.2019.00188>

# Clinical Investigators Assessments of Research Competencies for Clinical Investigators: A Systematic Review



Most assessments had limited validation.  
Training was consistently associated with **self-assessed competence**, but had **little relationship to objective measures of competence**

# ΗΠΑ ενδεικτικά προγράμματα εκπαίδευσης κλινικών ερευνητών

Sample online offerings:

- Northwestern University, Clinical and Translational Sciences Institute *Introduction to Clinical Research Online Modules*
- University of Washington, Institute of Translational Health Sciences (ITHS), Self-Directed Learning Center
- Office of Research Integrity: *The Lab, The Research Clinic*
- NIH: *Teaching the Responsible Conduct of Research*
- ACRP: *GCP—An introduction to ICH GCP Guidelines*
- Collaborative Institutional Training Initiative (CITI): *Populations in Research Requiring Additional Consideration*
- UC Davis: *Strengthening Provider Patient Communication Skills in Clinical Trials.*
- **Tufts University Center for the Study of Drug Development**

# Swiss Clinical Trials Organization Tools for academic researchers



News Contact

Tools SCTO Platforms Publications About us

Welcome to the Tools & Resources website for clinical research professionals.

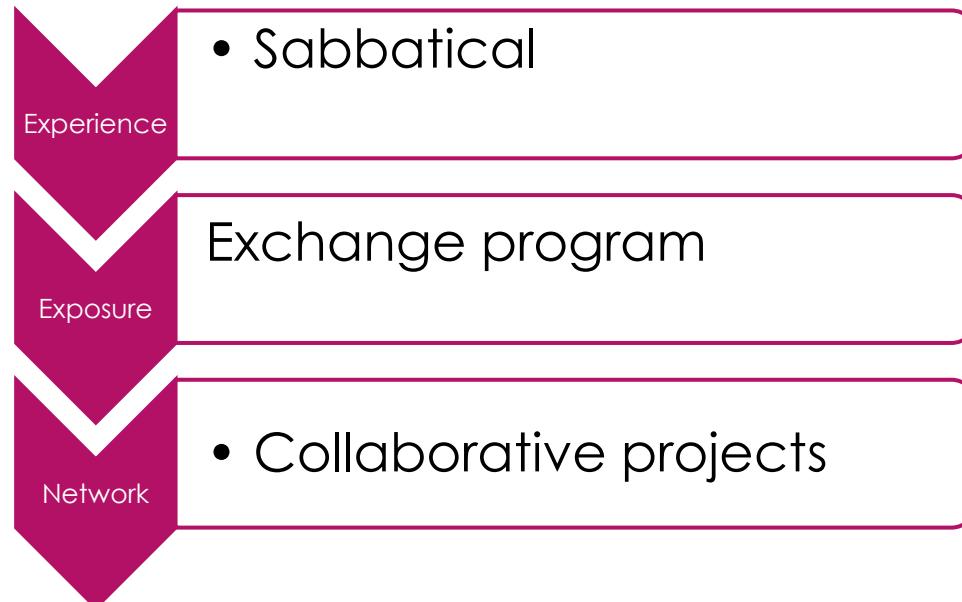
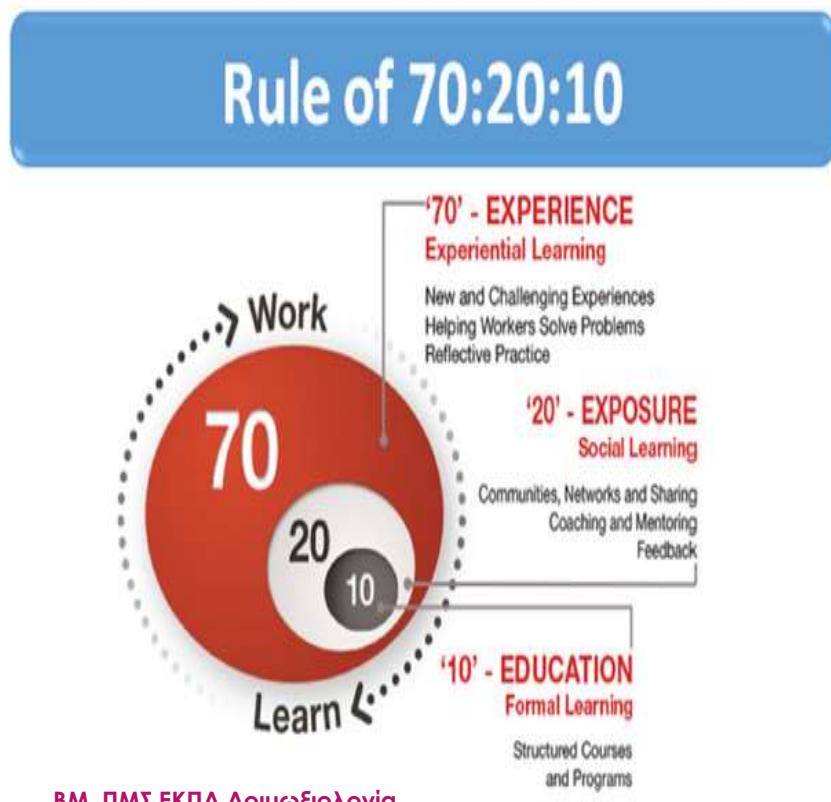
**Every clinical research project comes with its own set of considerations. Having the right tools at hand is crucial for its success.**



<https://www.sctoplatforms.ch/>

	EHR Systems Study Site Assessment Template Regulatory Affairs	A Word template for assessing the regulatory conformity of EHR systems that host the source data for clinical research projects.	
	Monitoring Plan Template Monitoring	An up-to-date and user-friendly Word template for setting up a monitoring plan.	
	Monitoring Site Initiation Visit Report Monitoring	A Word template for monitoring site initiation visit.	
	Monitoring Visit Report Template Monitoring	An up-to-date, user-friendly, and downloadable Word template for reporting monitoring visits.	
	Online Safety Training Safety	Free online training to consolidate or refresh your knowledge of patient safety and reporting issues in clinical research.	
	psizeit R package: precision-based sample size calculation Statistics & Methodology	A package providing a range of functions for performing precision-based sample size calculations.	

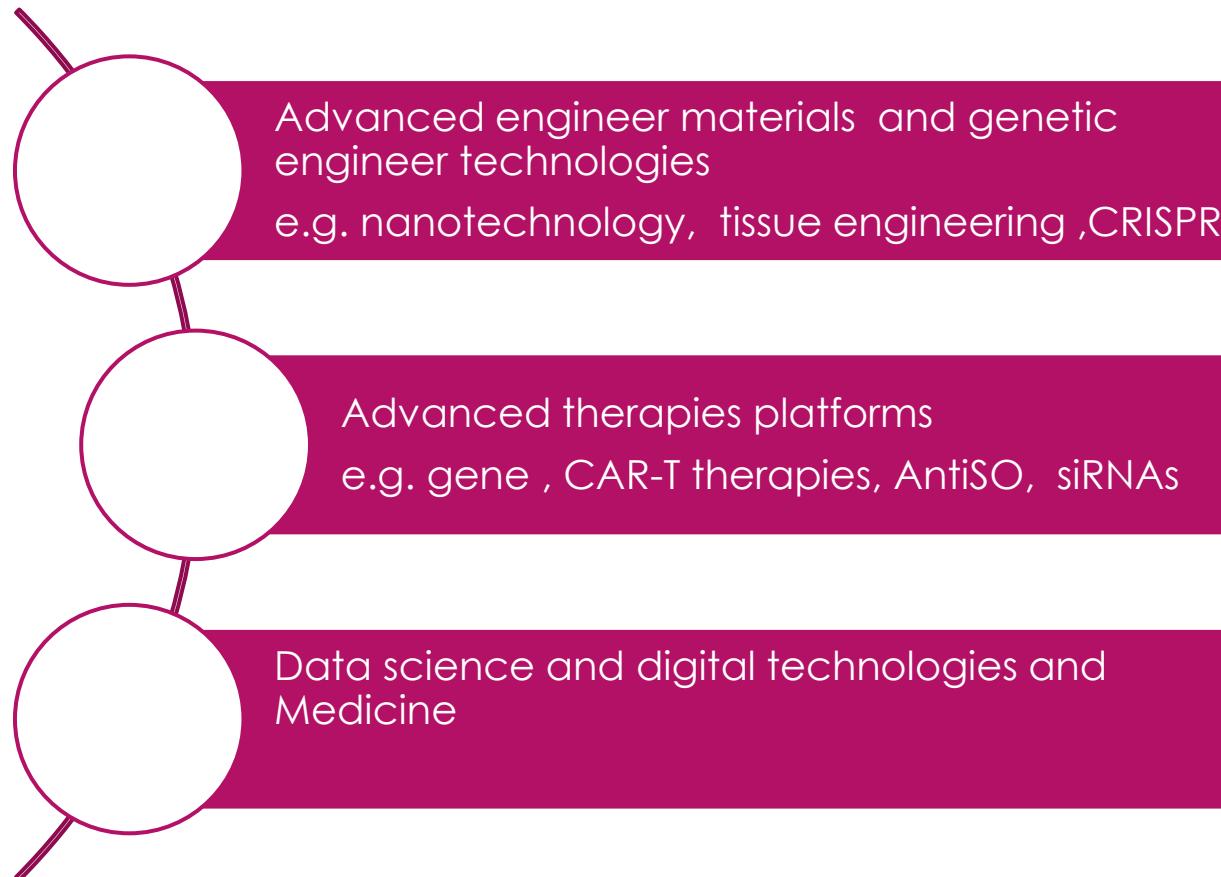
# Δια βίου εκπαίδευση ερευνητών



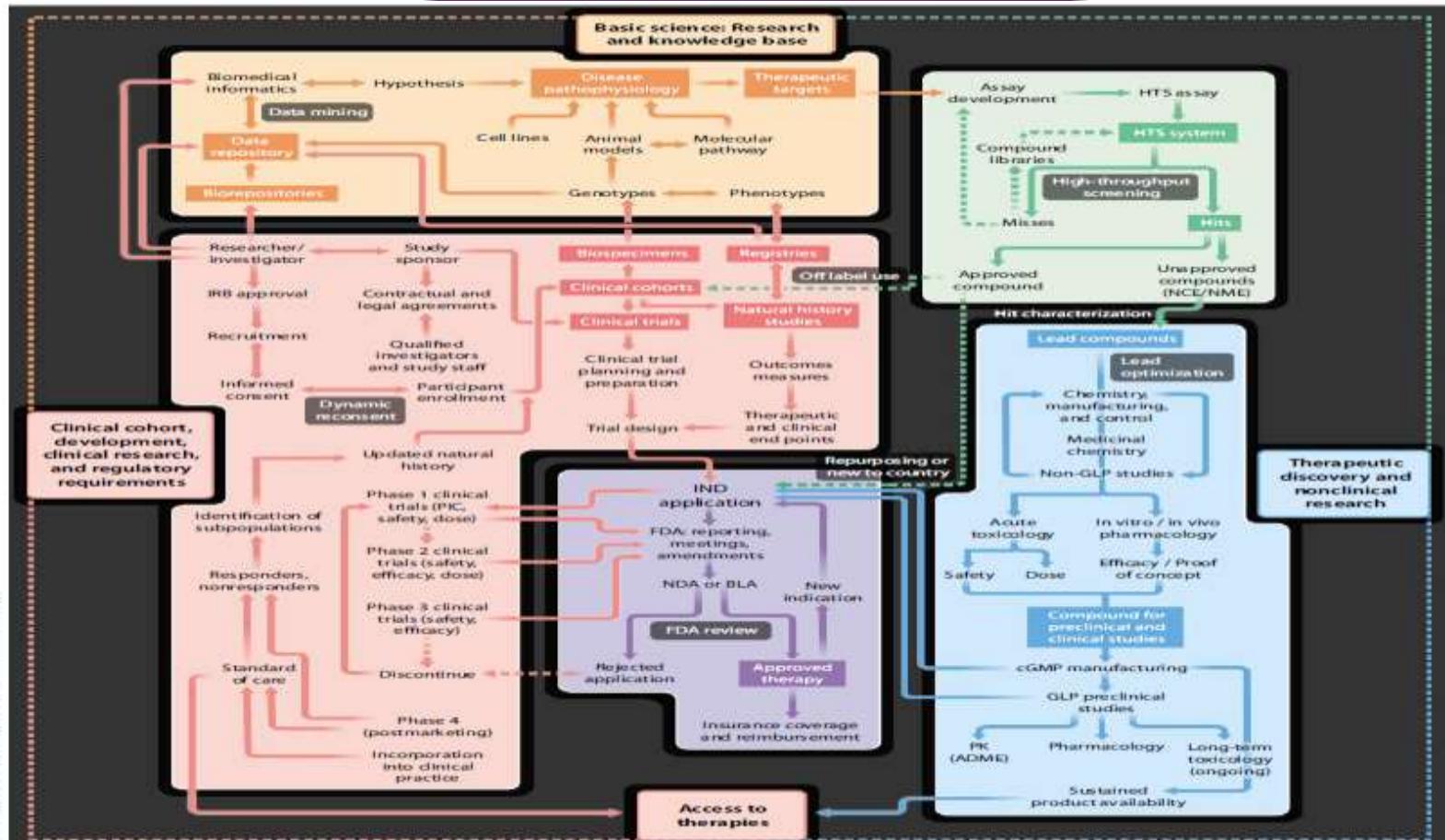
# Τάσεις στην Κλινική Ερευνα

ΟΙΚΟΣΥΣΤΗΜΑ  
ΚΑΙΝΟΤΟΜΙΑΣ ΚΑΙ  
ΕΡΕΥΝΑΣ

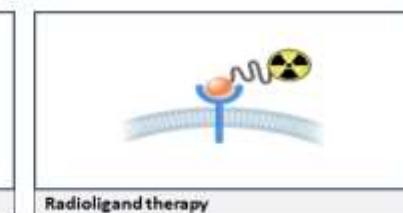
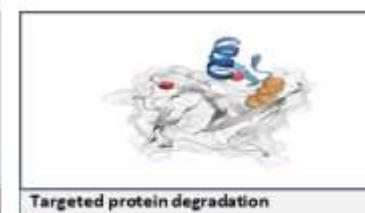
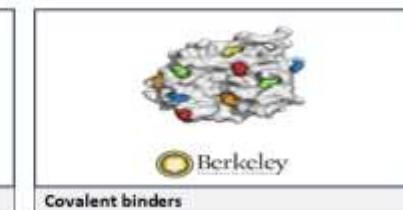
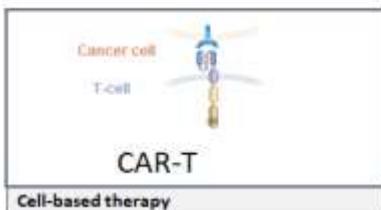
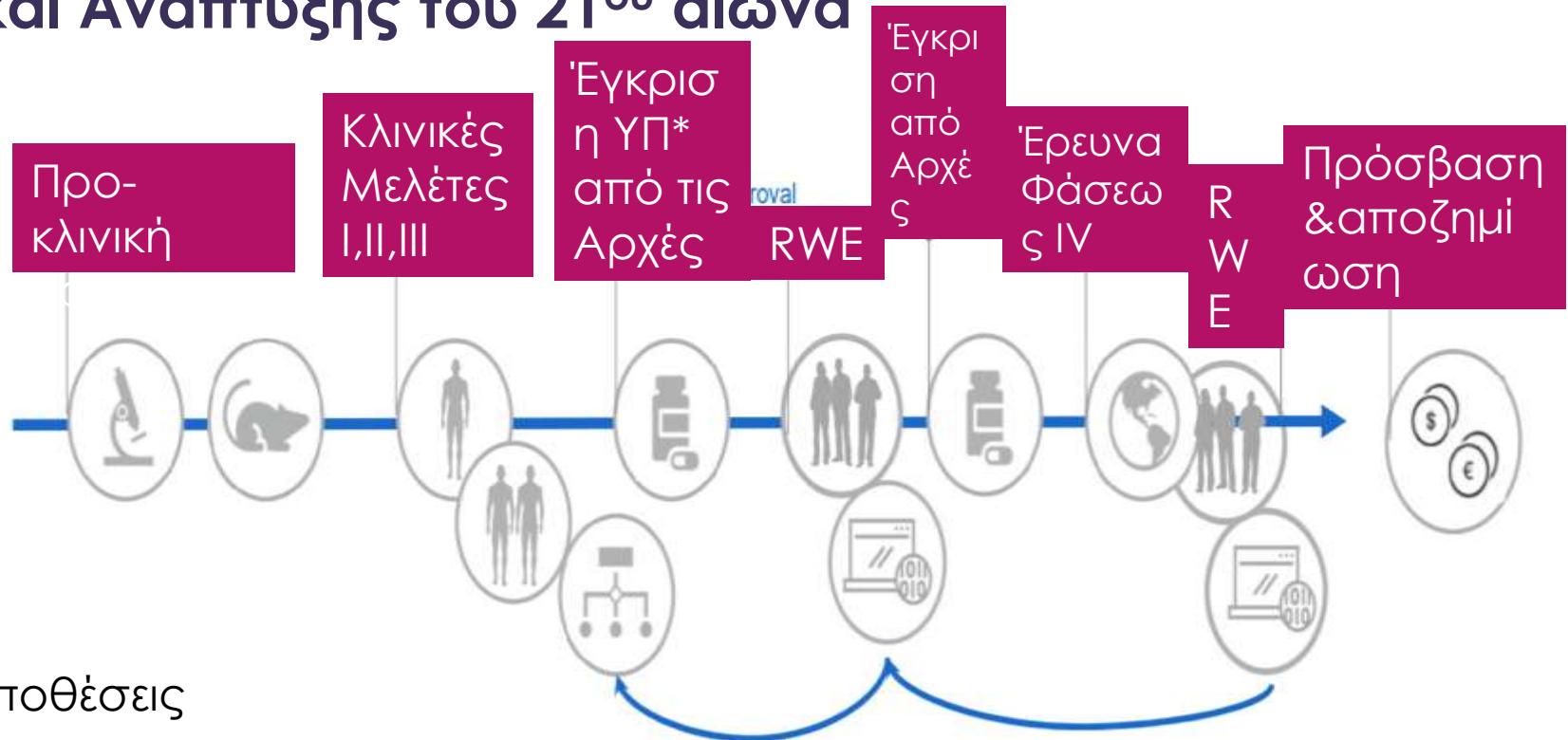
# The Changing Face of Innovation : 21<sup>st</sup> century model



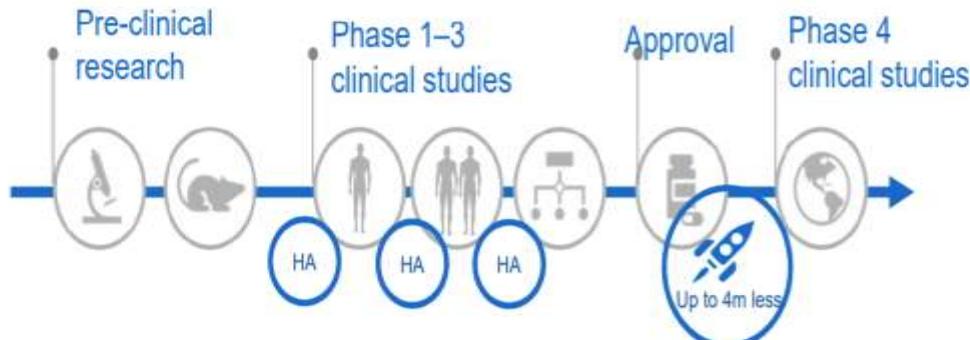
# Μοντέλο R&D



# Το Αναδυόμενο Μοντέλο Υπέρ -Καινοτόμου Έρευνας και Ανάπτυξης του 21<sup>ο</sup> αιώνα



# Εγκριτικές εξελίξεις στην Ευρωπαϊκή Ένωση και οι επισπεύδουσες διαδικασίες για καινοτόμες θεραπείες με πρώιμα σημαντικά δεδομένα



Priority Review\*  
Fast track /  
Breakthrough Therapy  
/ RMAT designations.

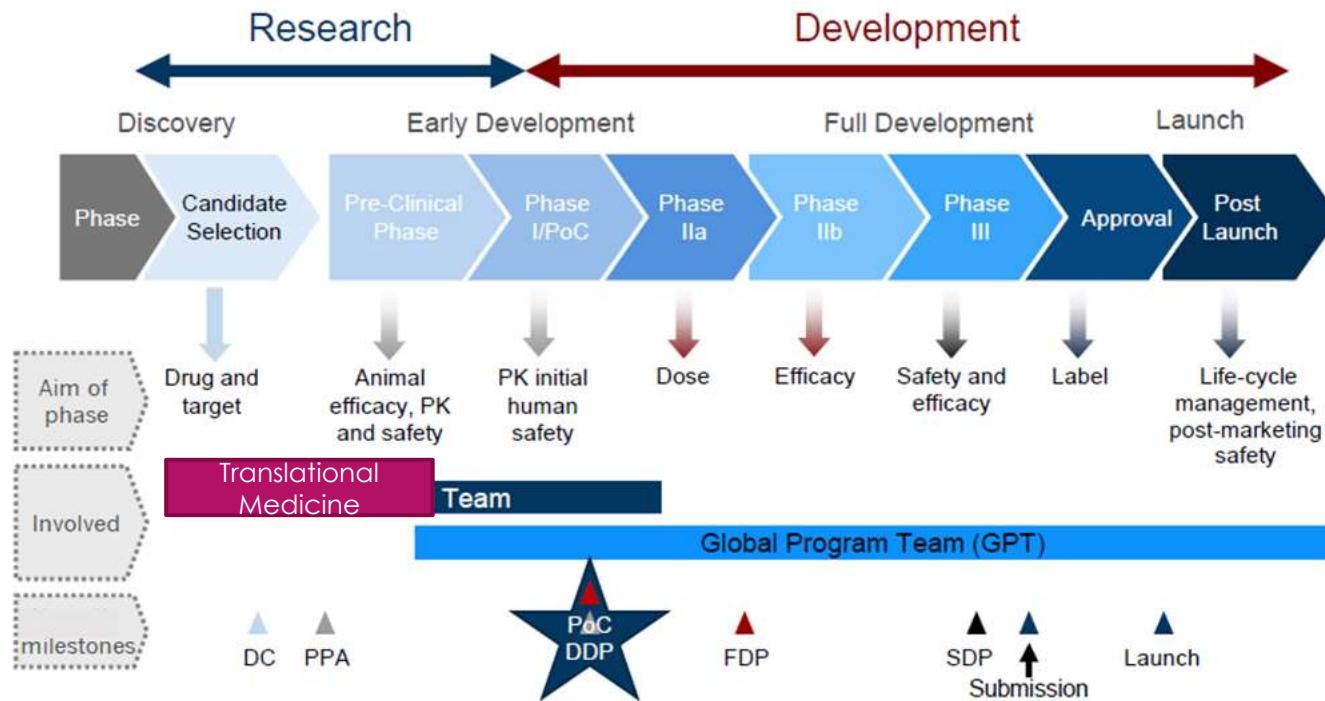
FDA  
EMA  
Swissmedic

\*New pilots at FDA: e.g. RTOR

Accelerated assessment  
PRIME  
Fast track procedure

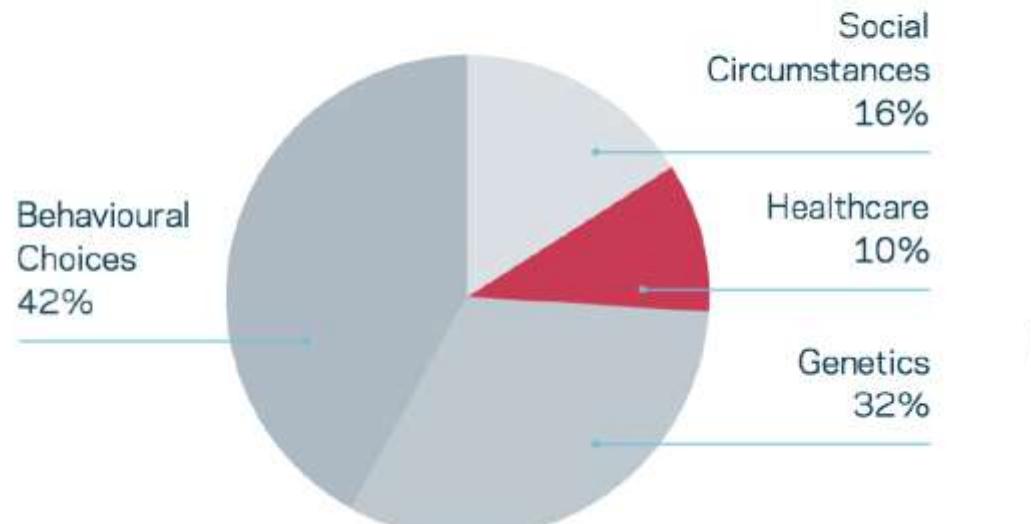
Parallel review initiatives:  
Orbis, ACCESS

# The Changing Face of Innovation : 21<sup>st</sup> century R&D model



# Προς την εξατομικευμένη ιατρική

**Factors influencing health**



McGinnis, Health Affairs

# Ιατρική Ακριβείας

## Precision medicine



«An emerging approach for disease treatment and prevention that takes into account individual variability in genes, environment, and lifestyle for each person.»

# Γονιδιωματική και Θεραπείες Στόχευσης

## Genomics and therapeutics

Identifying new drug  
**targets** using  
genomic information

**Repurposing**  
existing drugs for  
new indications  
based on new  
genomic information

Developing drugs  
**targeted** at specific  
mutations

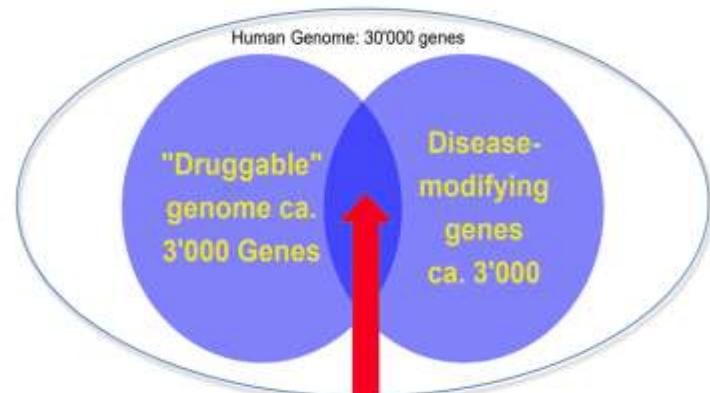
Using genomic  
technologies to  
**stratify** the intensity  
of drug therapy

Using genomic  
information to  
improve drug  
**dosing**

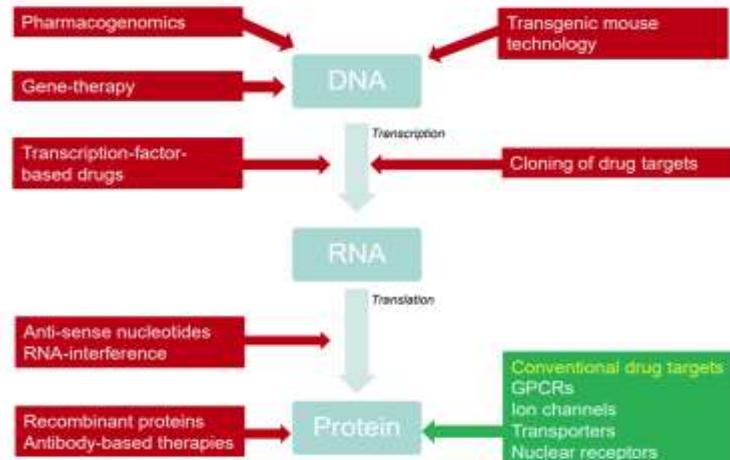
Using genomic  
information to  
**prevent adverse**  
**drug reactions**

# Γονιδίωμα και θεραπευτικοί στόχοι

## Genome and Drug targets

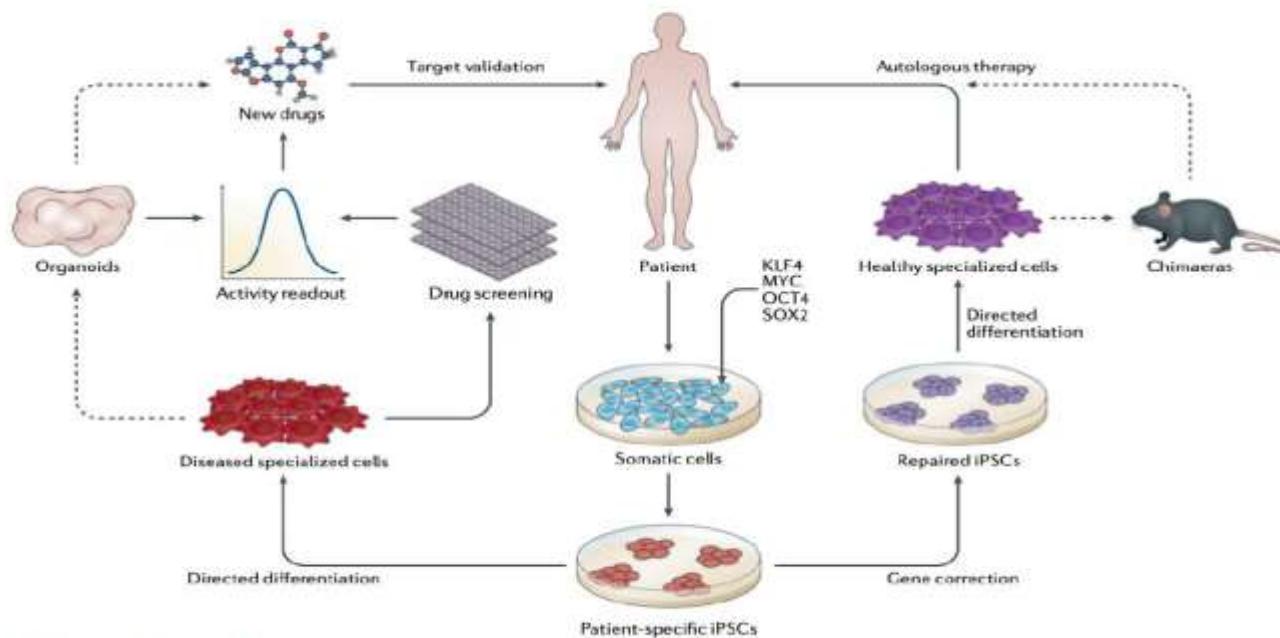


## Drug targets



# Εξελίξις στην Βασική Προκλινική Ερευνα

## Progress in therapies based on iPSCs



Rowe RG 2019

# Εγκριτικές εξελίξεις στις ΗΠΑ και στην Ευρώπη



## Clinical Pharmacology & Therapeutics

Review

Open Access



### Randomized Controlled Trials Versus Real World Evidence: Neither Magic Nor Myth

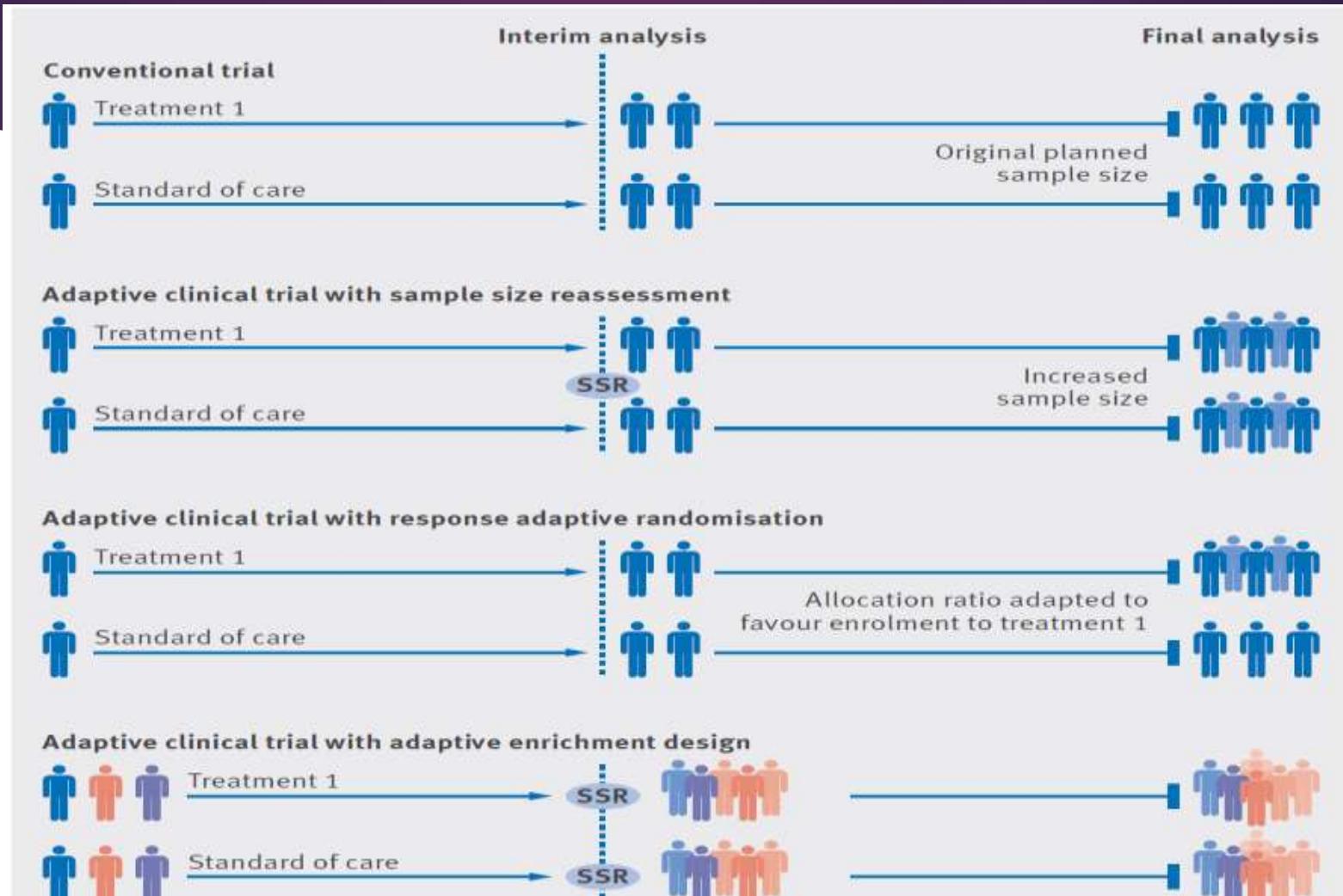
Hans-Georg Eichler , Francesco Pignatti, Brigitte Schwarzer-Daum, Ana Hidalgo-Simon, Irmgard Eichler, Peter Arlett, Anthony Humphreys, Spiros Vamvakas, Nikolai Brun, Guido Rasi

First published: 16 October 2020 | <https://doi.org/10.1002/cpt.2083>

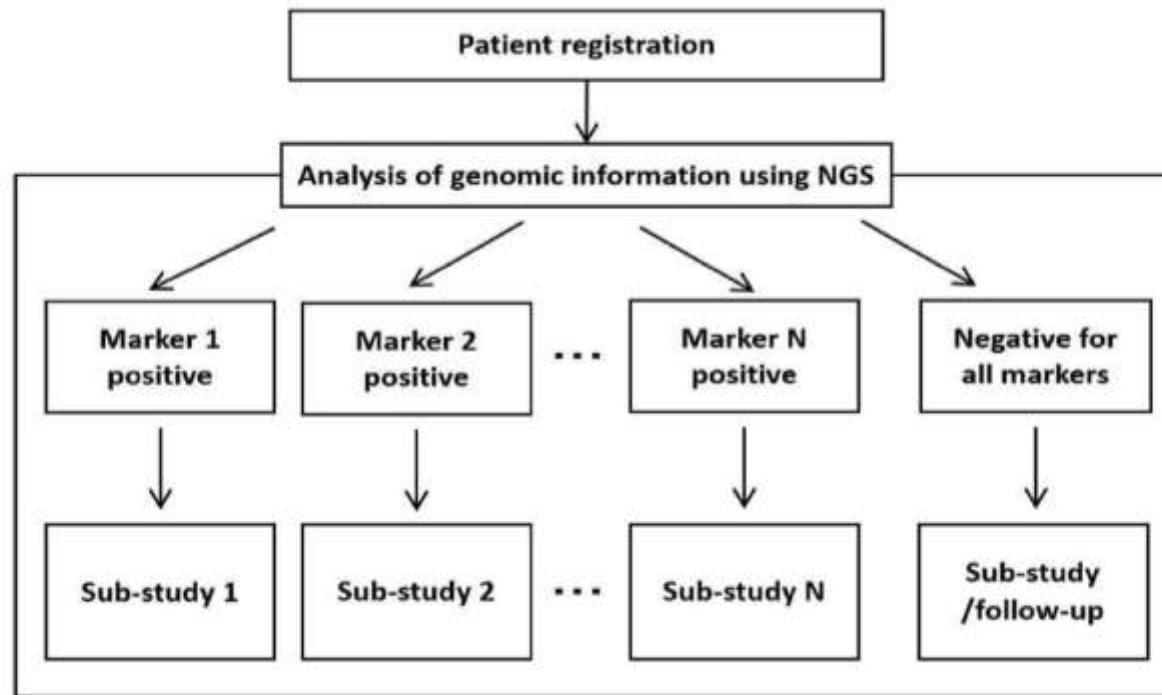
## Randomized Controlled Trials Versus Real World Evidence: Neither Magic Nor Myth

Hans-Georg Eichler<sup>1,2,\*</sup>, Francesco Pignatti<sup>1</sup>, Brigitte Schwarzer-Daum<sup>2,3</sup>, Ana Hidalgo-Simon<sup>1</sup>, Irmgard Eichler<sup>1</sup>, Peter Arlett<sup>1,4</sup>, Anthony Humphreys<sup>1</sup>, Spiros Vamvakas<sup>1</sup>, Nikolai Brun<sup>5</sup> and Guido Rasi<sup>1,6</sup>

Compared with drugs from the blockbuster era, recently authorized drugs and those expected in the future present a heterogeneous mix of chemicals, biologicals, and cell and gene therapies, a sizable fraction being for rare diseases, and even individualized treatments or individualized combinations. The shift in the nature of products entails secular trends for the definitions of "drugs" and "target population" and for clinical use and evidence generation. We discuss that the lessons learned from evidence generation for 20th century medicines may have limited relevance for 21st century medicines. We explain why the future is not about randomized controlled trials (RCTs) vs. real-world evidence (RWE) but RCTs and RWE—not just for the assessment of safety but also of effectiveness. Finally, we highlight that,

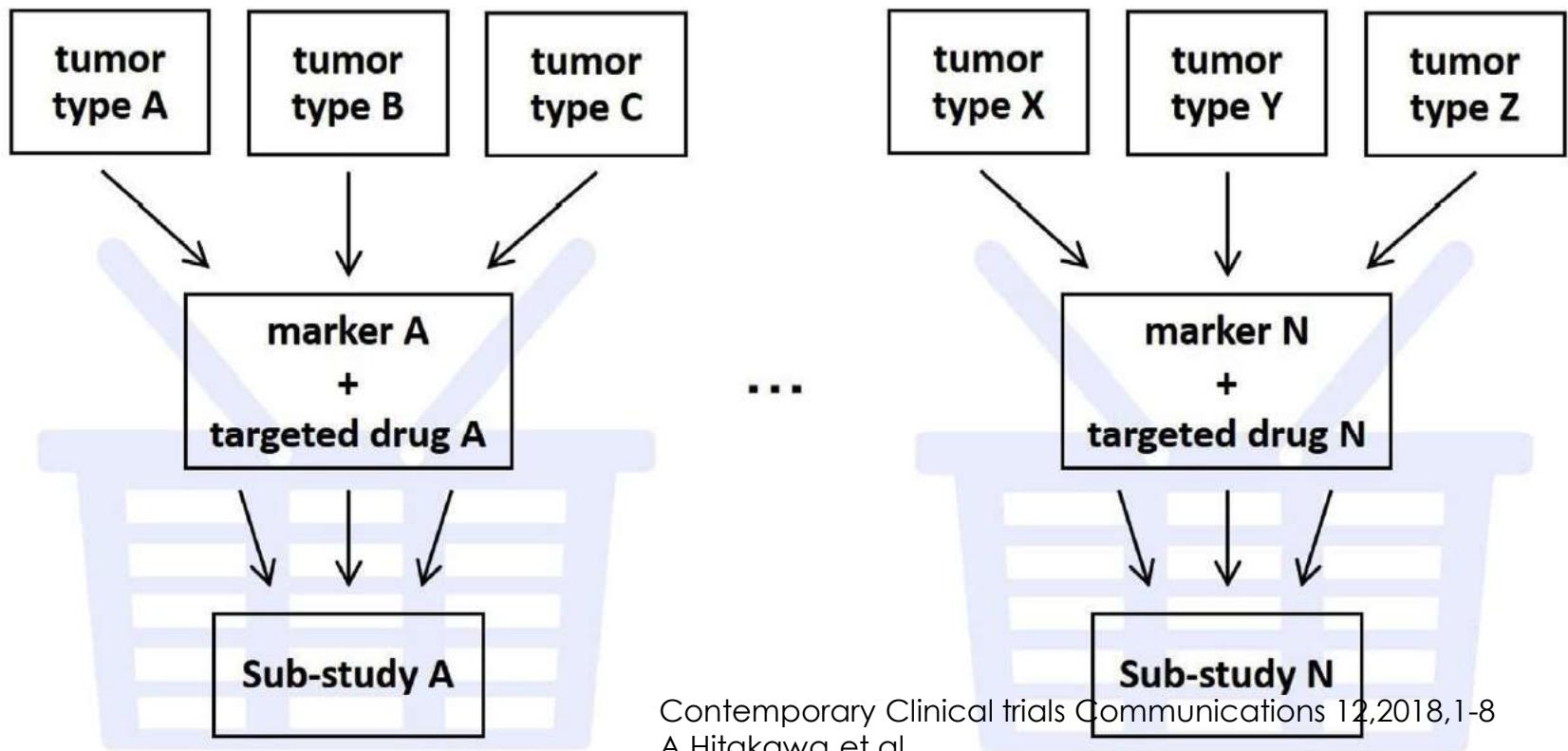


# Master protocols -Platform

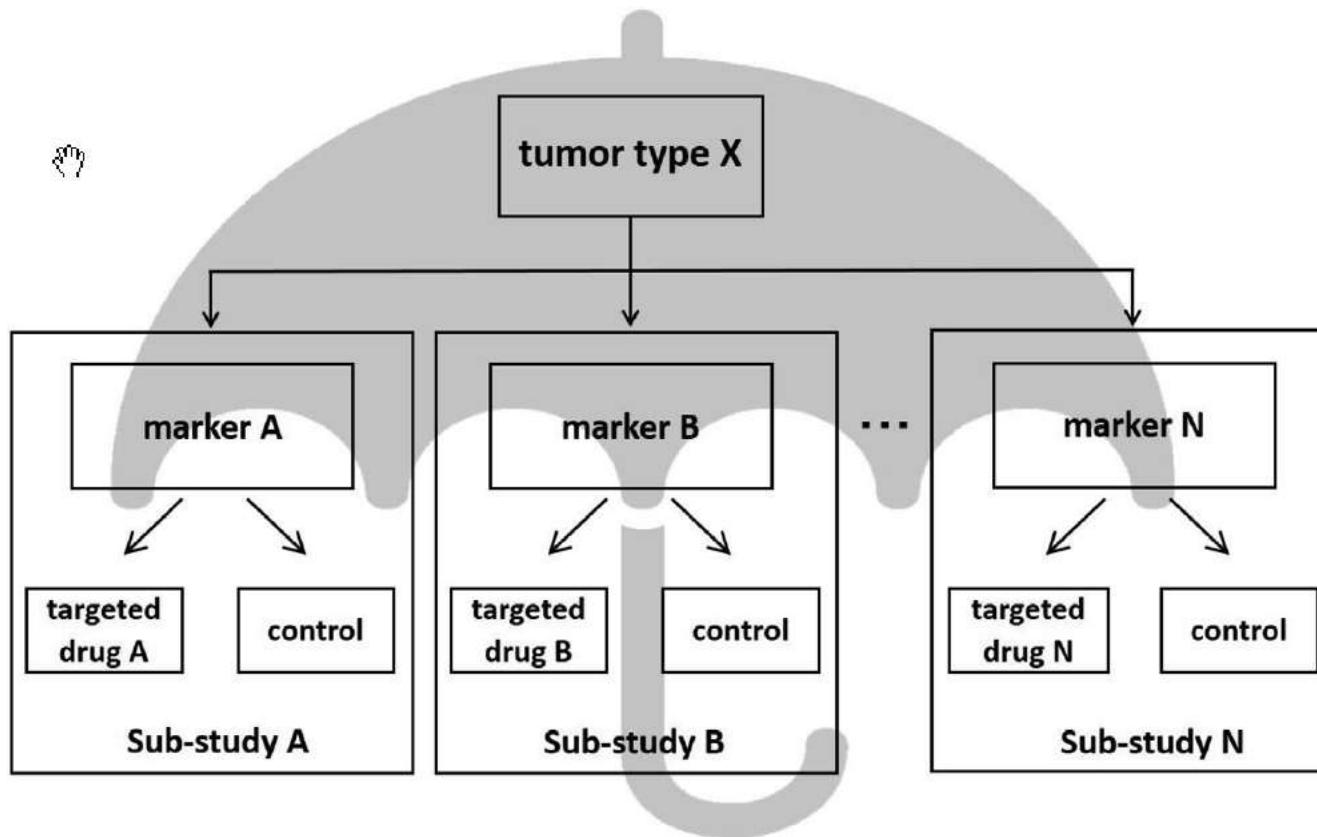


Contemporary Clinical trials Communications 12,2018,1-8  
A.Hitakawa et al

# Basket protocols

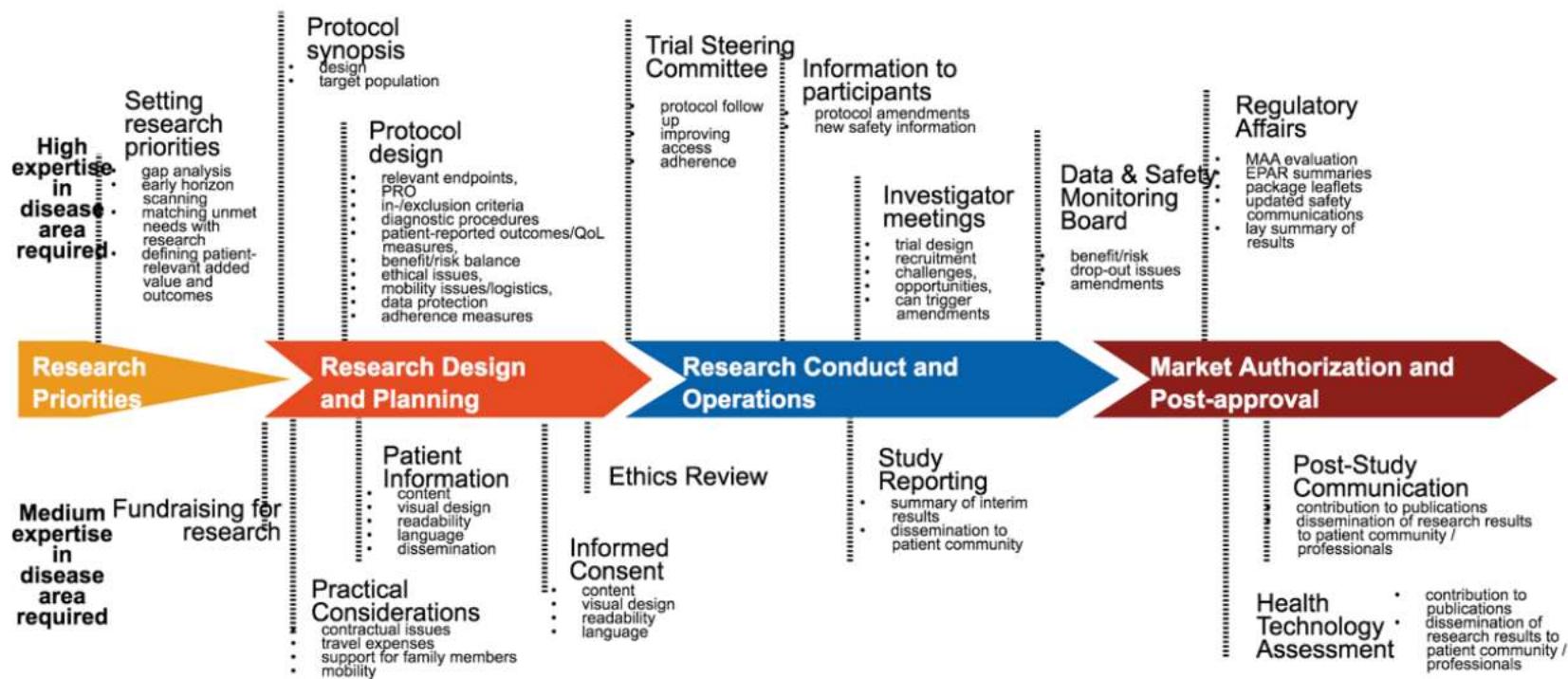


# Umbrella trials



- Contemporary Clinical trials Communications 12,2018,1-8  
A.Hitakawa et al

# Patient involvement in medicines R&D: a practical roadmap

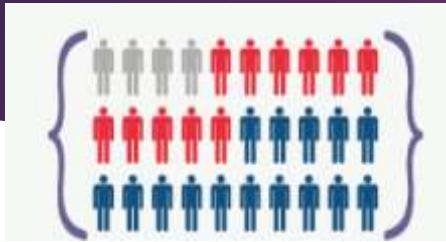


Improving Patient Involvement in Medicines Research and Development: A Practical Roadmap. Geissler, Ryll, Leto, Uhlenhopp, Therapeutic Innovation & Regulatory Science (2017), doi: 10.1177/2168479017706405, and at [www.eupati.eu](http://www.eupati.eu)

# Η επιδημιολογία στην Ε&Α



European Network of Centres  
for Pharmacoepidemiology and Pharmacovigilance



## Prospective

What are tomorrow's medical unmet needs?

### Epidemiology\*

- Prevalence
- Incidence
- Population studies

### Market Research

- what are the evidence gaps?
- what are the treatment options?



EMA  
PASS,PAES

### Pharmaco-economics

- Cost effectiveness
- Cost benefit
- Cost-utility

Licensing

Price

Reinscription

### Real life= Pharmaco-epi

- Efficacy
- Tolerability
- Proper Use
- Performance

Animal Tox

I

II

III

IV

Post-licensing

12 years

5/10/15 years

FDA  
postmarketing  
studies

## \*Types of Studies

There are four primary types of epidemiology studies. They are:

1. **Cohort studies** — A cohort (group) of individuals with exposure to a chemical and a cohort without exposure are followed over time to compare disease occurrence.
2. **Case control studies** — Individuals with a disease (such as cancer) are compared with similar individuals without the disease to determine if there is an association of the disease with prior exposure to an agent.
3. **Cross-sectional studies** — The prevalence of a disease or clinical parameter among one or more exposed groups is studied, such as:
  - The prevalence of respiratory conditions among furniture makers.
4. **Ecological studies** — The incidence of a disease in one geographical area is compared to that of another area, such as:
  - Cancer mortality in areas with hazardous waste sites as compared to similar areas without waste sites.



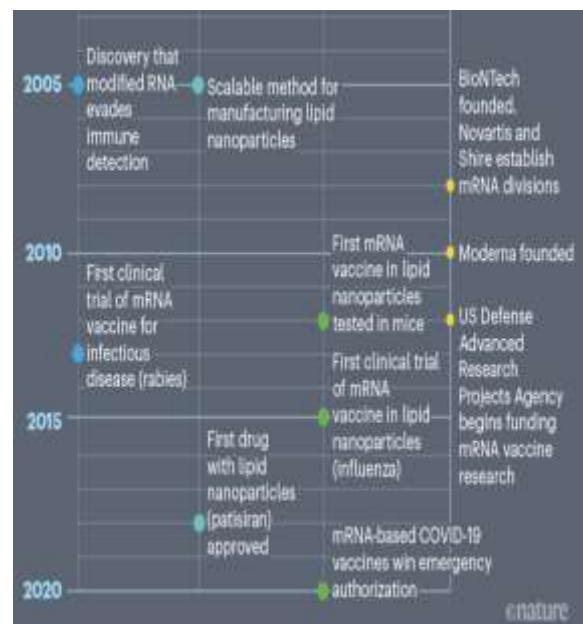
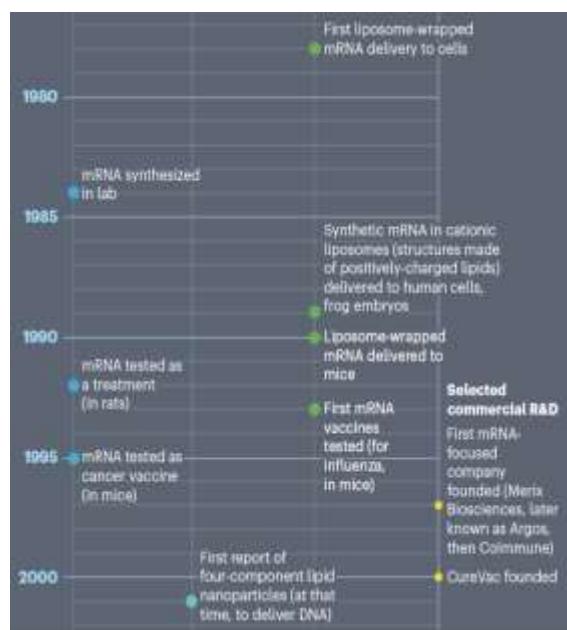
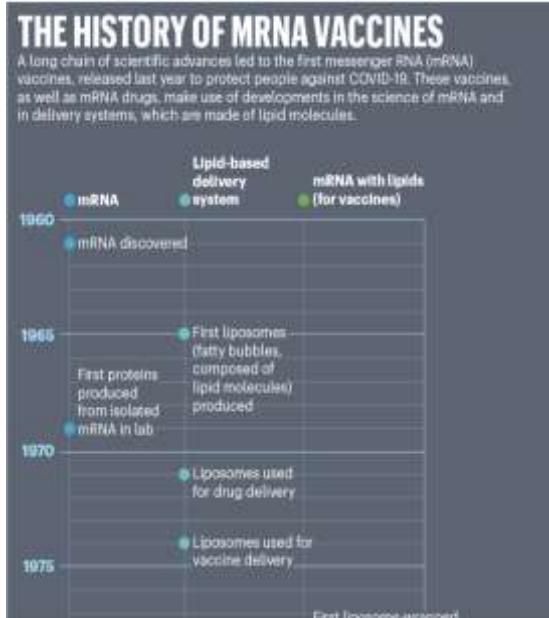
International Society  
for Pharmacoepidemiology

10/12/2021

# Η πανδημία και ανάπτυξη των εμβολίων ► βιαφόρεσ μοντέλου ερευνών έναντι της COVID-19

ΧΡ'ΟΝΟΙ ΑΝΑΠΤΥΞΗΣ  
ΚΑΙ ΕΠΙΤΆΧΥΝΣΗ  
ΔΙΑΔΙΚΑΣΙΩΝ

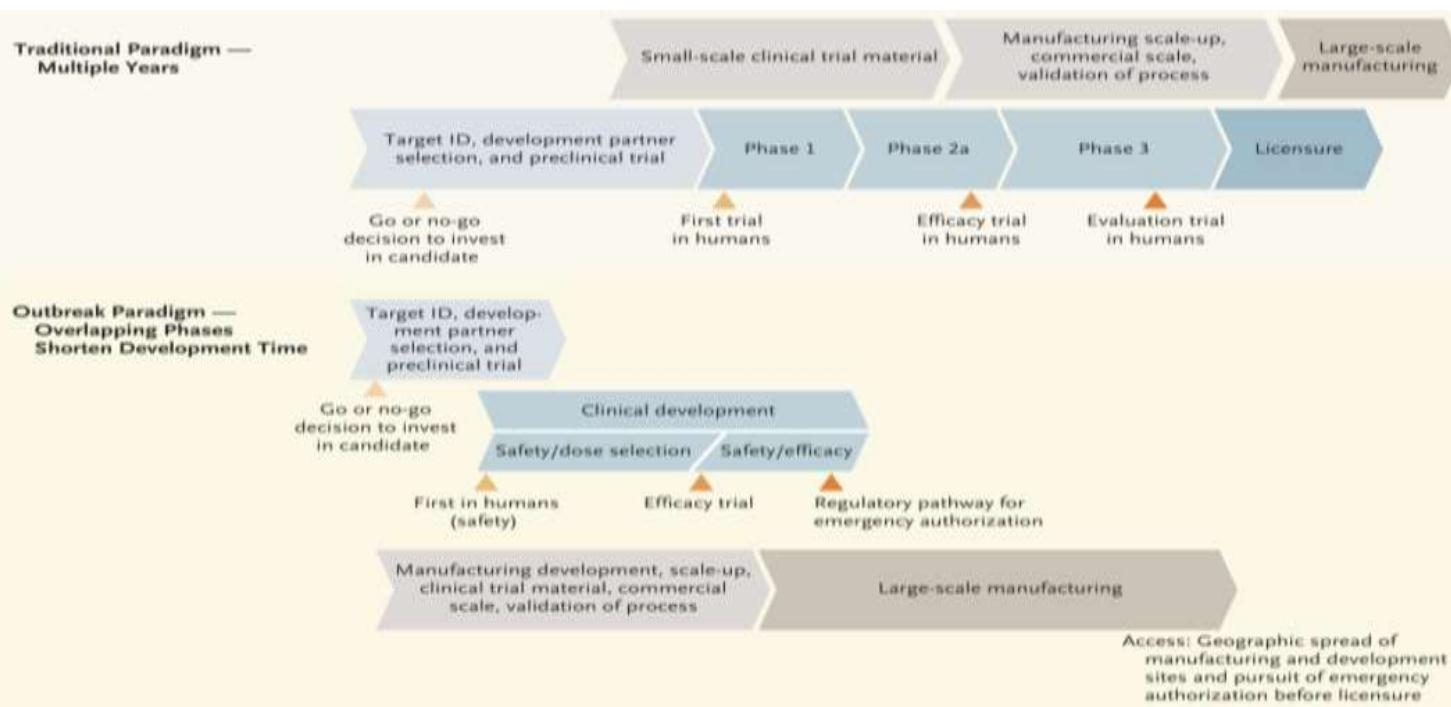
# Η έρευνα των mRNA εμβολίων ξεκινά το 1960



[https://www.nature.com/articles/d41586-021-02483-w?utm\\_source=Nature+Briefing&utm\\_campaign=41794890cb-briefing-dy-20210914&utm\\_medium=email&utm\\_term=0\\_c9dfd39373-41794890cb-44721677](https://www.nature.com/articles/d41586-021-02483-w?utm_source=Nature+Briefing&utm_campaign=41794890cb-briefing-dy-20210914&utm_medium=email&utm_term=0_c9dfd39373-41794890cb-44721677)

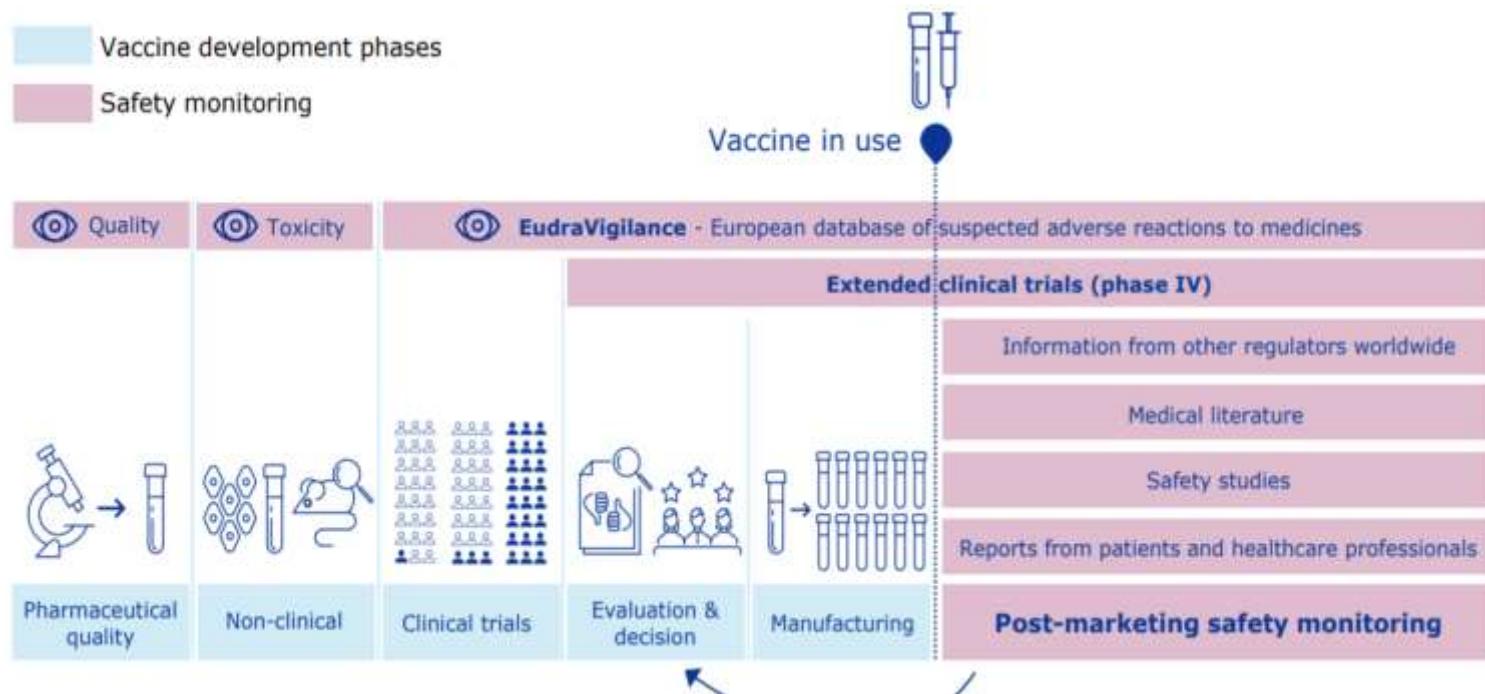
Oct 22, 2021

# R&D paradigm shift with Covid-19

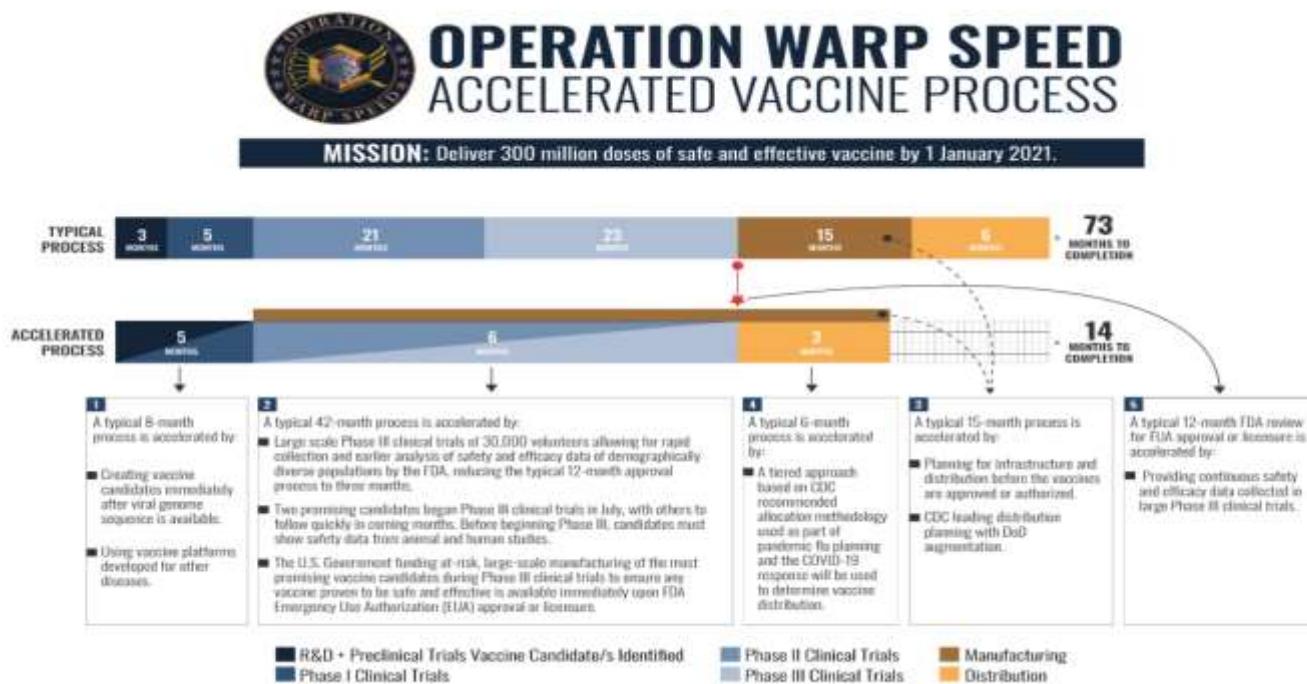


<https://www.nejm.org/doi/full/10.1056/NEJMmp2005630>  
NEJM May 2020

# Προεγκριτική και Μετεγκριτική παρακολούθηση ασφάλειας εμβολίων



# Operations Warp Speed- under NIH



All risk taken is financial, logistical, resourcing and not on safety and efficacy. Bureaucratic obstacles removed and saving time from gaps between phases

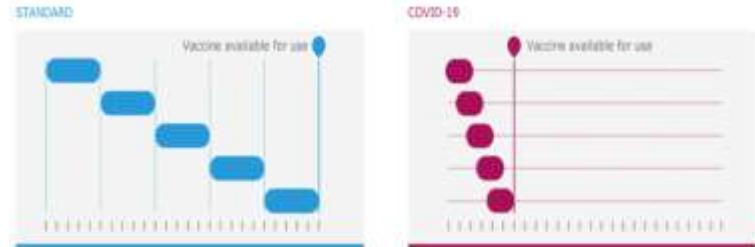
# Ταχεία ανάπτυξη εμβολίων έναντι COVID-19

- ❖ Νέες πλατφόρμες για την παραγωγή εμβολίων είχαν ήδη τεκμηρίωση και προ-κλινικές μελέτες
- ❖ Υπερταχεία αιλληλούχηση του ιού για την επείγουσα ανάπτυξη αντιγόνων για ενσωμάτωση στα εμβόλια
- ❖ Τα στάδια ανάπτυξης των εμβολίων εξελίσσονταν παράλληλα
- ❖ Ο επιπολασμός της νόσου ήταν πολύ υψηλός και η νοσηρότητα και θνητότητα απειλητική
- ❖ Τάχιστη εθελοντική εισαγωγή/στρατολόγηση ατόμων στις Κλινικές δοκιμές
- ❖ Η παραγωγή των εμβολίων εξελισσόταν παράλληλα με την διεξαγωγή των Κλινικών Δοκιμών

EMA Public Stakeholders  
Meeting Dec 11, 2020

## STANDARD VACCINES COMPARED WITH COVID-19 VACCINES Timelines

COVID-19 vaccine development is **compressed in time**, applying the extensive **current knowledge** on vaccine development.



# Εξαιρετικά πρωτόγνωρη ευρύτατη ερευνητική συνεργασία & άσμωση

- ▶ Unprecedented levels of collaboration, information-sharing, innovation
- ▶ Permanent adoption of R+D-accelerating COVID-19 measures is a top FDA priority
- ▶ Active discussions regarding how to sustain the momentum to ensure rapid vaccine/therapeutic development
- ▶ Many lessons learned about the need for better preparedness



**Commitment and call to action: Global collaboration to accelerate new COVID-19 health technologies**

A Global Collaboration to Accelerate the Development, Production and Equitable Access to New COVID-19 diagnostics, therapeutics and vaccines

## A Happy Exception: The Pandemic Is Driving Global Scientific Collaboration

BY JOSE GUIMAR, RAJNEESH NARULA

Issues in Science and Technology

**COVID-19: Collaboration is the engine of global science – especially for developing countries**



World Economic Forum

# Έγκριση εμβολίων έναντι COVID-19

COVID-19 vaccines must be approved according to the **same standards**

that apply to all medicines in the EU

EMA Public Stakeholders Meeting  
11/12/2020

STANDARD



COVID-19

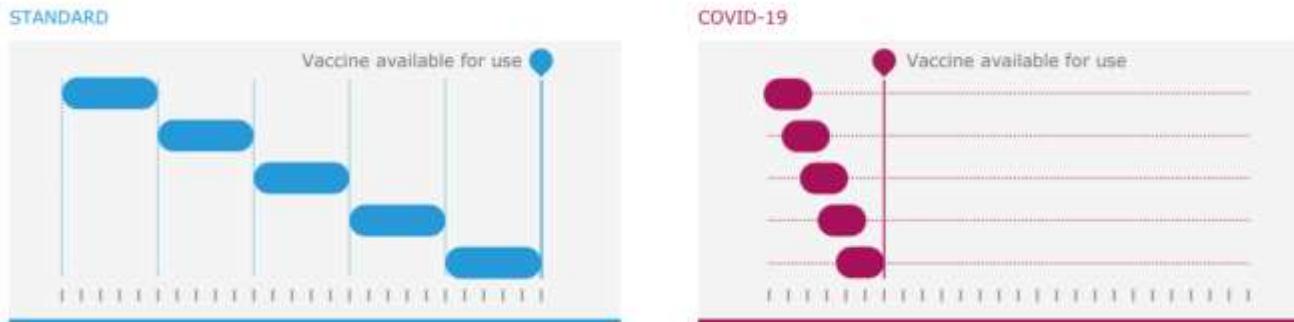


# Επιταχυνόμενη, επάλληλη και επαναληπτική διαδικασία

STANDARD VACCINES COMPARED WITH COVID-19 VACCINES  
Timelines

EMA Public Stakeholders Meeting  
11/12/2020

COVID-19 vaccine development is **compressed in time**, applying the extensive **current knowledge** on vaccine development



# Συνεργασία και επικέντρωση στην κατεπίγουσα προτεραιότητα ανάπτυξης των Εμβολίων

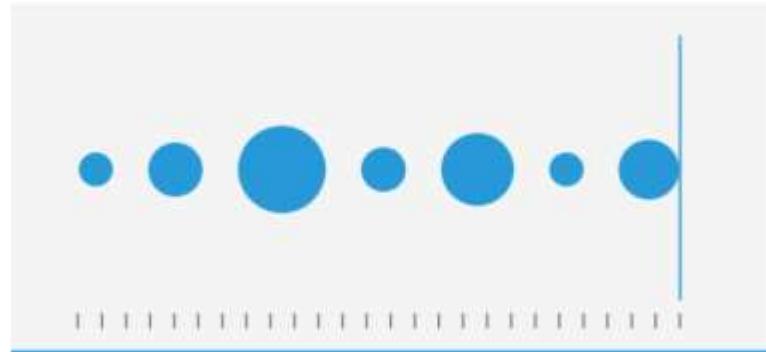
STANDARD VACCINES COMPARED WITH COVID-19 VACCINES

Resources

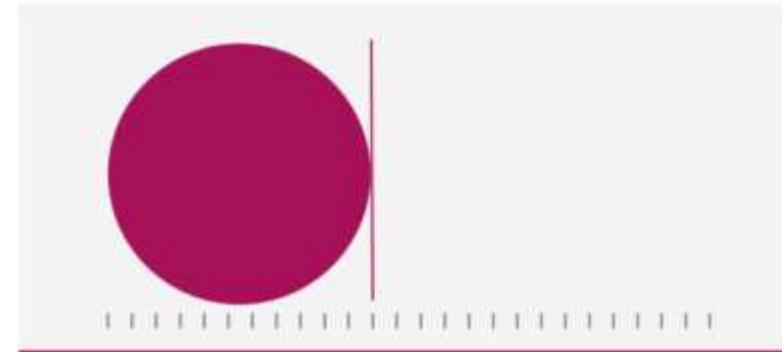
EMA Public Stakeholders Meeting  
11/12/2020

COVID-19 vaccine development **mobilises more resources simultaneously**

STANDARD



COVID-19



# Οι Αρχές επιβλέπουν στενά και εξαρχής την έρευνα<sup>45</sup> των εμβολίων διπλασιάζοντας το δυναμικό τους και επιταχύνουν την διαδικασία

## STANDARD VACCINES COMPARED WITH COVID-19 VACCINES Expert Task Force & continuous dialogue

COVID-19 vaccine development is supported by early, continuous dialogue between developers and a dedicated group of regulatory experts **EMA COVID-19 Task Force**



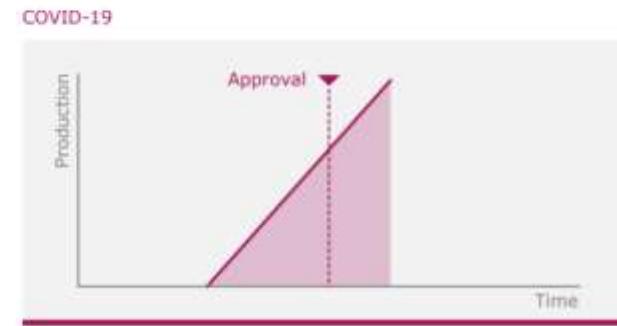
EMA Public Stakeholders Meeting  
11/12/2020

# Παραγωγή των εμβολίων ξεκινά νωρίτερα για να είναι άμεσα διαθέσιμα

STANDARD VACCINES COMPARED WITH COVID-19 VACCINES  
Manufacturing

EMA Public Stakeholders Meeting  
11/12/2020

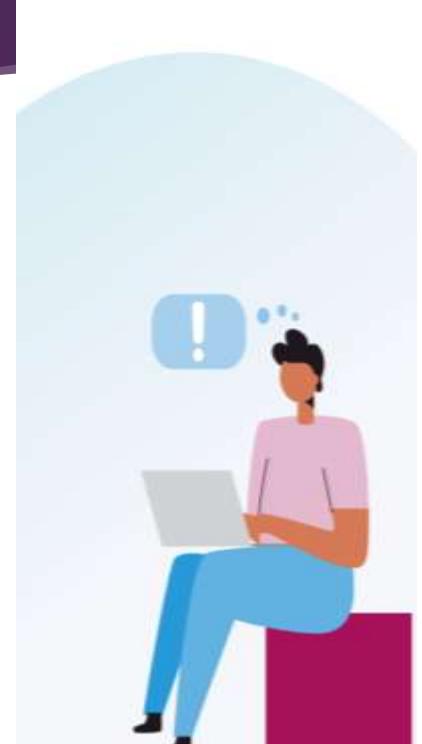
Companies are **expanding** manufacturing and production **capacity** to ensure efficient vaccine deployment



# Συνοψίζοντας τα δεδομένα για τα εμβόλια

EMA Public Stakeholders Meeting  
11/12/2020

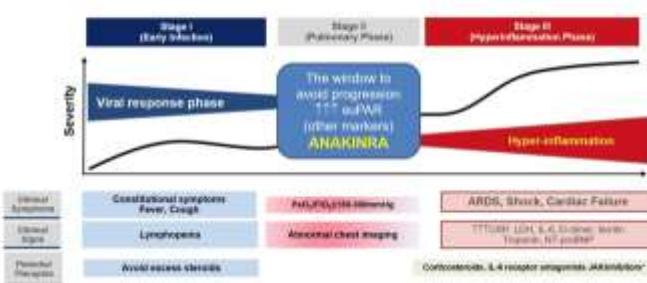
- ❖ 'Έγιναν όλες οι καθιερωμένες Κλινικές Μελέτες όπως για όλα τα φάρμακα
- ❖ Τα χρονοδιαγράμματα ήταν συντομότερα διότι επικεντρώθηκαν όλες οι δυνάμεις και οι πόροι
- ❖ Οι μελέτες έγιναν σε πολύ μεγάλους πληθυσμούς ατόμων
- ❖ 'Εδειξαν μεγάλη μείωση νόσου από την COVID-19
- ❖ Υψηλά πρότυπα Ποιότητας ,Ασφάλειας και Αποτελεσματικότητας
- ❖ Παραμένουν κάποιες αβεβαιότητες μακροχρόνιας προστασίας και μετάδοσης στην κοινότητα



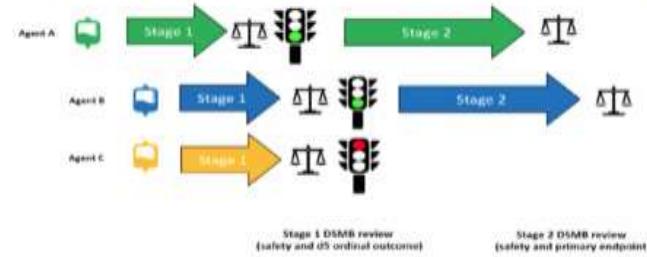
# COVID-19 therapies efforts

- ▶ WHO Solidarity adaptive trials
  - ▶ Oxford UK Recovery adaptive trial
  - ▶ Monoclonal antibodies
  - ▶ Antiviral Rx
  - ▶ Repurposing efforts
    - ▶ Anakinra

## PATIENT PROFILE FOR ANAKIN



#### ► Προσαρμοστικός Σχεδιασμός (Adaptive Design) Insight 014- TICO: μονοκλωνικά αντισώματα



# Επιπτώσεις στις κλινικές μελέτες στην διάρκεια της πανδημίας

The NEW ENGLAND JOURNAL of MEDICINE

ORIGINAL ARTICLE

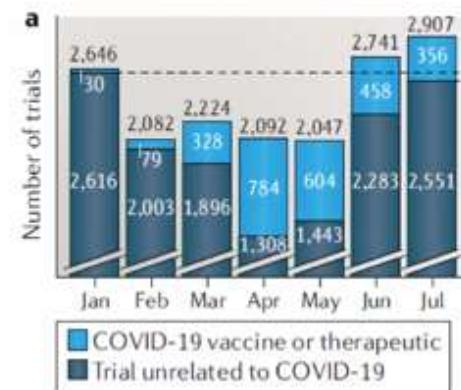
## A Randomized Trial of Hydroxychloroquine as Postexposure Prophylaxis for Covid-19

### Decentralized clinical trials

Improving trials for patients



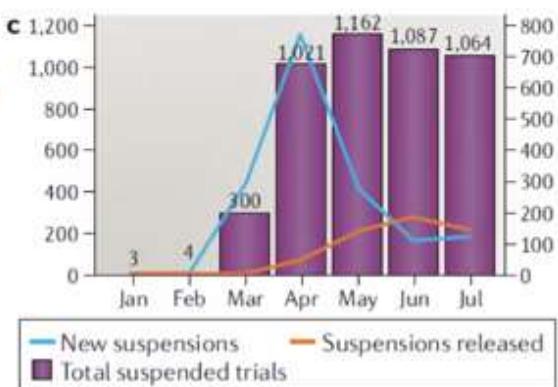
### Μείωση στις ενάρξεις νέων non-COVID μελετών



### Νέα Πραγματικότητα

Τηλεϊατρική ,Registries, RWE,PROs, Εξ αποστάσεως μελέτες

### Αναστολή κλινικών μελετών



# Νέα ηθικά διλήμματα

- ▶ Σχεδιασμός και υλοποίηση RCTs Covid-19
  - ▶ Placebo controlled next vaccine trials ?
    - ▶ Non inferiority Immunogenicity trials ?
    - ▶ Clinicals in Low-middle income countries with no vaccine access ?
- ▶ Υλοποίηση non COVID-19 RCTs
  - ▶ Καθυστερήσεις ογκολογικών μελετών και επιπτώσεις στην νοσηρότητα & θνητότητα
- ▶ Εισαγωγή νέων τεχνολογιών
  - ▶ Προστασία δεδομένων προσωπικού χαρακτήρα, κυβερνοασφάλεια
  - ▶ Διασυνοριακή ροή δεδομένων
- ▶ Νέες κατευθυντήριες οδηγίες για την βιοηθική και την έρευνα ?

# ΚΑΝΟΝΙΣΤΙΚΟ ΠΛΑΙΣΙΟ ΚΛΙΝΙΚΩΝ ΔΟΚΙΜΩΝ

ΕΥΡΩΠΑΪΚΗ ΕΝΩΣΗ  
& ΕΛΛΑΔΑ

## Clinical Trials in the EU – what has changed over time?



### ...Before May 2004

National rules, different processes/requirements for authorisation in each EU Member States

resulted in delays and

### ...Directive 2001/20/EC

(since 1 May 2004)

First step to harmonise processes and requirements for clinical trial authorisations

Introduction of e-application form

### ...Regulation (EU) No. 536/2014

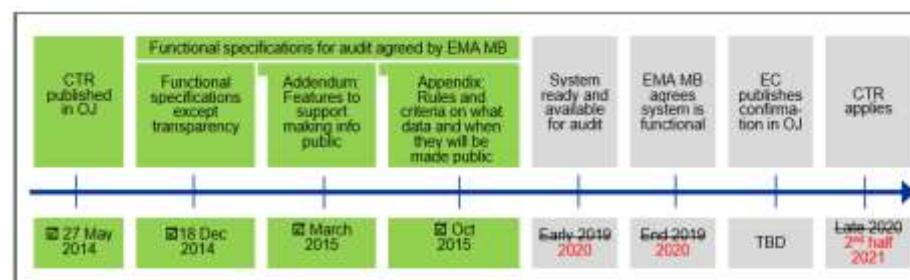
(published May 2014)

Full harmonisation and combined assessment of multinational trials (after full functionality of the EU portal and EU database)

e-submission



- **Expectations**
- **74% positive**
  - Harmonization
  - Acceleration of decisions
  - Shorter timelines for Member States and Sponsors
  - Facilitation of Multi state trials
  - Enhanced transparency
- 38% challenges - concerns



Χρόνος έγκρισης :45 ημερών - αντί 60 ημέρες  
Σε ισχύ από 31/1/2022

## CTIS new user friendly tool

- Centralized e submission
- **SINGLE DOSSIER**
- Coordinated reviews
- **SINGLE OPINION**
- **EMA portal early 2021**

\*Source : P.Galanis  
31/5/2019,37,1,FebArchives Athens Medical Society [www.mednet.gr](http://www.mednet.gr)

<https://www.ema.europa.eu/en/human-regulatory/medicines/development/clinical-trials/clinical-trials-information-system-training-supportr> 2020

## Challenges\*

- **Readiness** in EU countries
- **Impact on ECs**
- **Lack of clarity or reduced scrutiny** on patients rights in special populations
- **Complex trial designs**

# ΠΡΩΤΟΒΟΥΛΙΑ ΕΛ.Ε.Φ.Ι. για την κλινική έρευνα & τις κλινικές δοκιμές

ΕΛΛΗΝΙΚΟ  
ΠΕΡΙΒΑΛΛΟΝ

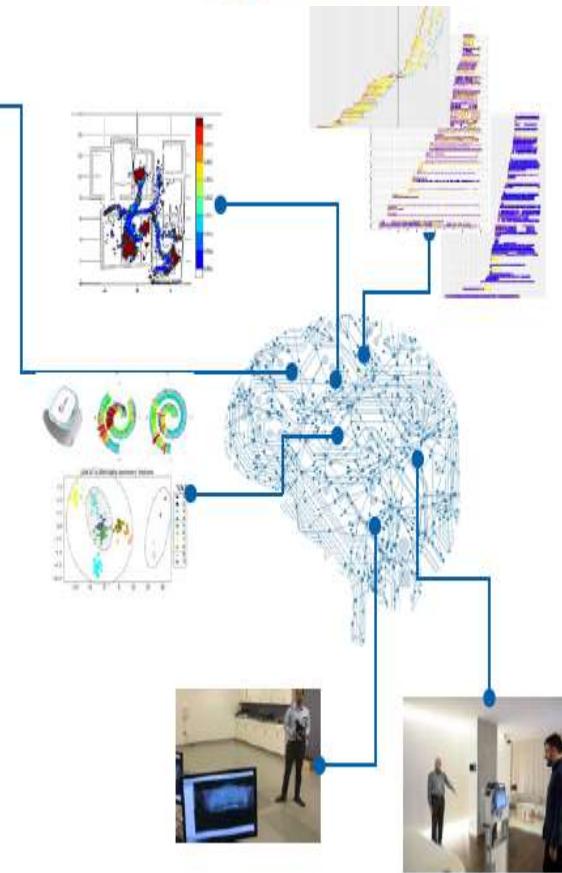
Με επίκεντρο τον



## Στρατηγικός μετασχηματισμός για την Κλινική Έρευνα

Εθνικός Σχεδιασμός

- Στόχους και υποχρεώσεις των φορέων και εταίρων
- Δείκτες αποδοτικότητας
- Σύνδεση Βασικής και Μεταφραστικής έρευνας
- Ψηφιακός μετασχηματισμός
- Κουλτούρα συνεργασιών, νοοτροπία αλλαγής
- Κέντρα Κλινικών Μελετών
  - Δικτύων Κλινικής Έρευνας
- RWD –RWE



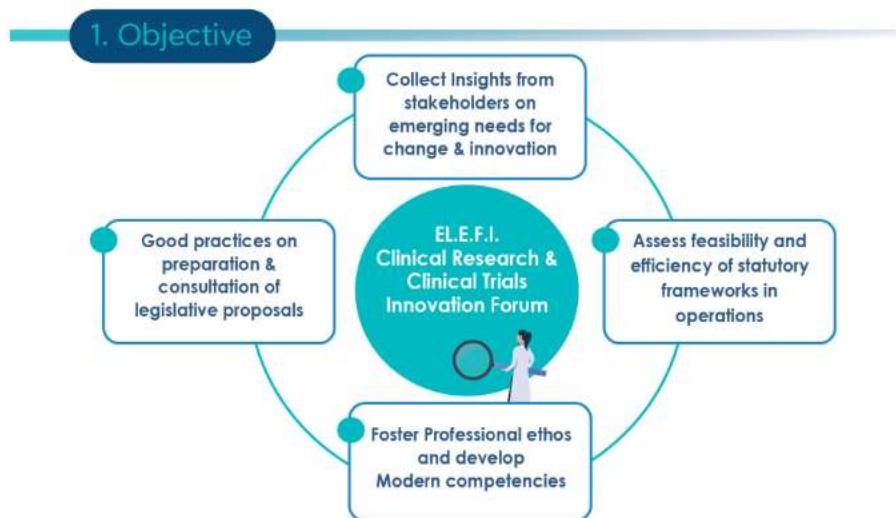
# Κλινικές Μελέτες :Ετοιμότητα για το Μέλλον

- **Άμεσα & γρήγορα -Low hanging fruits:** Επίλυση νομοθετικών προβλημάτων & Επικαιροποίηση προτύπου συμβάσεως ΦΕΚ 390 ,βελτίωση της εφαρμογής του πλαισίου & υπογραφής συμβάσεων : Μείωση Χρόνου ,Κόστους και Υστερήσεων
- **Έλλειψη ρυθμιστικού πλαισίου για ΜΠΚΜ & RWE**
- **Μεσοπρόθεσμα -The not so low hanging fruits:** Ψηφιοποίηση εγκρίσεων & υπογραφής συμβάσεων , Μητρώο ερευνητών , Μητρώα Ασθενειών , Μητρώο Κλινικών Δοκιμών & Μελετών Ατομικός Ηλεκτρονικός Φάκελος Υγείας
- **Μακροπρόθεσμα -The moonshots:** Δια λειτουργικές Ψηφιακές πλατφόρμες (EHR, RWD, bio- gene-banks)

# EL.E.F.I. Initiative

## Clinical Research & Clinical Trials

### Innovation Forum



# Κύκλος συναντήσεων 2021 Δεοντολογικές προκλήσεις στην Κλινική Έρευνα



Σας ευχαριστώ πολύ για την  
προσοχή σας





**ΕΛ.Ε.Φ.Ι.**

ΕΛΛΗΝΙΚΗ ΕΤΑΙΡΕΙΑ  
ΦΑΡΜΑΚΕΥΤΙΚΗΣ  
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